

Welcome to the
Northshore Heights
Family:

Richard Becker
Louise Barnes

When you see your
new neighbors
around the building,
be sure to say Hello!

Resident Council

The Resident Council
meeting is held each
month, on the third
Wednesday at 1:15p.m.
in the Activity Room.
This meeting is open to
all residents.

Resident councils play a
crucial role in voicing
concerns, requesting
improvements,
supporting new residents
& supporting facility ef-
forts to make care and
life in the community
the best it can be.

Our next meeting will be
held Wednesday,
October 15th.



Carol Schmid 10/16

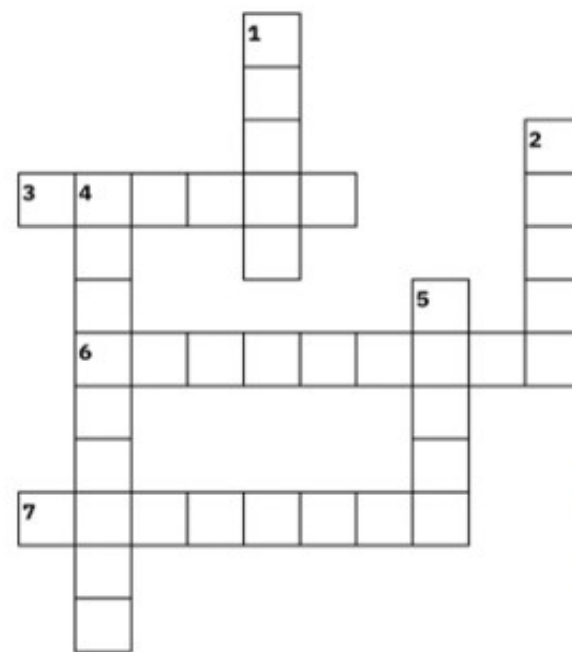
Alfreda Strawa 10/20

Sally Hayes 10/28

Mary Crewey & Joan Conley 10/30

AUTUMN CROSSWORD PUZZLE

Read the clues and fill in the crossword grid with the correct words.



Across

3. A small nut that falls from oak trees and is food for animals like squirrels.
6. A small, furry animal with a bushy tail that loves to climb trees and eat nuts.
7. A big orange vegetable that's often used for carving and making pies during fall.

Down

1. Drops of water that fall from the clouds in the sky when the weather gets wet.
2. A piece of clothing that you wear to stay warm, especially in chilly weather.
4. A brown nut that grows inside a prickly shell and can be roasted and eaten.
5. The flat, colorful part of a tree that grows on branches and falls off in the fall.

Northshore Heights News

October 2026

Your Leadership Team

Administrator
Carrie Catherwood

Admissions Director
Kellie Cunningham

Director of
Nursing
Alacie Viney

Assistant Director
of Nursing
Shannon Bates

Recreation Director
Pattaya Morgan

Culinary Director
Jesse Tolbert

Maintenance
Director
Andrew Orta

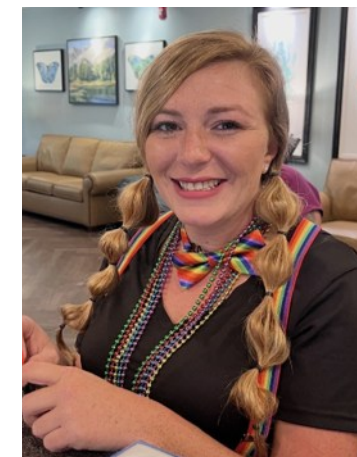


Northshore Heights Senior Living

8804 S. Northshore Drive, Knoxville, TN. 37922
865.444.1294

Employee of the Month

CONGRATULATIONS to our October
Employee of the Month, Jessica Doyle!



Jessica has worked in healthcare for 10 years, beginning her career as a CNA and later becoming a Med Tech. She plans to continue her education by attending nursing school. Jessica loves caring for others and bringing smiles to their faces.

Outside of work, she enjoys hiking, fishing, swimming, and spending time with her two children, family, and friends.

Congratulations, Jessica! Thank you for all that you do for our residents and their families!

Resident of the Month

We shine our spotlight on Connie Jameson,
our October Resident of the Month!

Connie grew up in Euclid, Ohio, and came to Tennessee in 1957 to train as a nurse. She enjoyed a career as an RN at St. Thomas Hospital. Connie and her husband, Richard, shared over 50 years of marriage and raised four children. She is also a proud grandmother of 14 grandchildren!

Connie enjoys word puzzles, arts & crafts, and spending time with family. She is very family-oriented and is happy to have made wonderful new friends at Northshore Heights.♥





Celebrating October

**Breast Cancer
Month**

**National Physical
Therapy Month**

**International Day
of Older Persons**
October 1

Silly Sayings Day
October 13

**Indigenous
Peoples' Day**
October 14

**International
Artists Day**
October 25

Halloween
October 31

Meet our new Maintenance Director,
Andrew Orta

Andrew brings extensive hands-on experience in construction, maintenance, housekeeping, and facility operations. Originally from Brooklyn, New York, he is known for his strong work ethic, dependability, and willingness to step in wherever needed.

Andrew is passionate about helping others and believes in treating residents, families, and team members with respect, patience, and kindness. He takes pride in creating a safe, comfortable, and well-maintained environment for everyone in our community.

Outside of work, Andrew enjoys cooking, working with his hands, and bringing people together through food.



SEPTEMBER HIGHLIGHTS

Let's give a big cheer for Chuck & Lois — 63 years of love, laughter, and happily-ever-after! Here's to many more sweet memories together!



ANNOUNCEMENTS

- ♦ On-site Early Voting will be held in the Activity Room from 9:00-11:30 AM on October 23rd.
- ♦ Halloween Costume Party will be held from 2:00-3:00 PM on October 29th in the Dining Room.

Happy Fall Y'all

