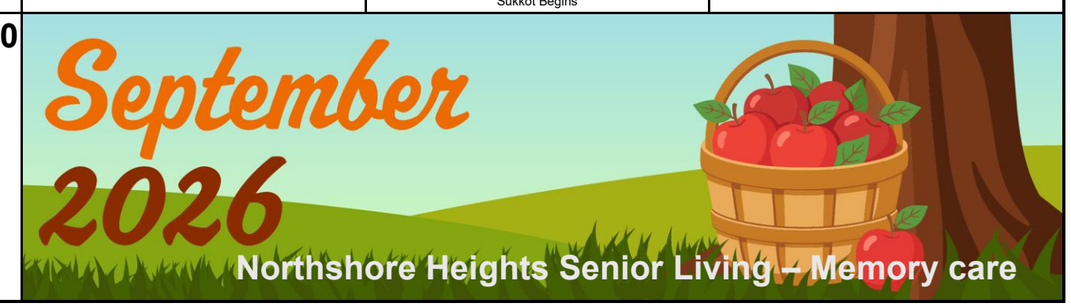Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Assisted Living Week (NALW) ***September 13 - 19, 2026: "Shining Through the Years"*** **Room Location Codes** **AR = Activity Room** **LB = Library** **DR = Dining Room** **FE = Front Entrance** **BP = Back Patio** **IA = Independent Activity** All activities on the calendar are subject to change. Please refer to the Daily Activities Board located by the dining room for the most up to date schedule.		**1** 9:30 Coffee & Chat – DR 10:00 Name Five – DR ***10:30 Fun Fitness w/Sandy – DR*** 1:30 One on One Visit ***2:00 Live Music w/Cliff Justice – MDR*** 3:30 Hydration Station – DR 4:00 Ball Toss – DR 6:00 favorite TV Show – DR	**2** 9:30 Coffee & Chat – DR 10:00 Balloon Bounce – DR 11:00 Music & Sensory – DR 1:30 One on One Visit 2:30 MC Rhythm Band/Sing Along – DR **3:30 Happy Hour – DR** 4:00 Match Game/Maze – DR 6:00 Relaxing Music Hour – LR	**3** 9:30 Coffee & Chat – DR 10:30 Morning Devotional w/Calvary Chapel – MDR 1:30 One on One Visit 2:30 Bean Bag Toss– DR 3:30 Hydration Station – DR 4:00 Reading Circle – DR 6:00 Relaxing Music Hour – LR	**4** **11:00 Sit & Fit w/Bob w/UT HM Care Services – DR** 2:00 Favorite TV Show – LR 3:30 Hydration Station – DR 6:00 Relaxing Music Hour – LR	**5** 10:00 Easy Listening – DR 1:30 Reading Circle – DR 2:00 Hallmark Movie – DR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR
6 Self-Care Sunday 9:00-11:30AM 1:30 One on One Visit 2:00 Temple Baptist Church Service – AR 2:45 Sunday Matinee w/Hydrations & Snacks – LR 4:15 Balloon Bounce – LR 6:00 Relaxing Music Hour – LR	**7** 9:30 Coffee & Chat – DR 10:00 Gentle Stretch – DR 11:00 Music & Sensory – DR 1:30 One on One Visit 2:30 Tabletop Bowling – DR 3:30 Hydration Station – DR 4:00 Table Talk – DR 6:00 Relaxing Music Hour – LR Labor Day	**8** 9:00 Table Talk – DR 9:30 Ball Toss – DR **10:30 Bingo – DR** 1:30 One on One Visit ***2:00 Live Music w/Marc Beecher – DR*** 3:30 Hydration Station – DR 4:00 Name Five – DR 6:00 favorite TV Show – DR	**9** 9:30 Coffee & Chat – DR 10:00 Puzzle Club – DR 10:30 Hymns & Harmony – DR 11:00 Morning Devotional w/Mark from Central Baptist Bearden – DR 1:30 One on One Visit 2:30 MC Rhythm Band/Sing Along – DR **3:30 Happy Hour – DR** 4:00 Color Me Happy – DR 6:00 Relaxing Music Hour – LR	**10** 9:30 Coffee & Chat – DR **10:30 Bingo – DR** 1:30 One on One Visit 2:30 Bean Bag Toss– DR 3:30 Hydration Station – DR 4:00 Reading Circle – DR 6:00 Relaxing Music Hour – LR	**11** *10:00 Morning Devotional w/AD from Smoky MTN. Hospice – DR* **11:00 Sit & Fit w/Bob w/UT HM Care Services – DR** 2:00 Favorite TV Show – LR 3:15 Hydration Station – DR 3:30 One on One Visit 6:00 Relaxing Music Hour – LR Rosh Hashanah Begins	**12** 10:00 Easy Listening – DR 1:30 Reading Circle – DR 2:00 Hallmark Movie – DR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR
13 **Sports Day** Self-Care Sunday 9:00-11:30AM 1:30 One on One Visit 2:00 Temple Baptist Church Service – AR 2:45 Sunday Matinee w/Hydrations & Snacks – LR 4:15 Balloon Bounce – LR 6:00 Relaxing Music Hour – LR Grandparents Day	**14** **Neon Day** 9:30 Coffee & Chat – DR 10:00 Gentle Stretch – DR 11:00 Music & Sensory – DR 1:30 One on One Visit 2:30 Tabletop Bowling – DR 3:30 Hydration Station – DR 4:00 Table Talk – DR 6:00 Relaxing Music Hour – LR	**15** **Elvis Day** 9:30 Coffee & Chat – DR 10:00 Name Five – DR ***10:30 Fun Fitness w/Sandy – DR*** ***2:00 Live Music w/Johny Jukebox – MDR*** 3:30 Hydration Station – DR 4:00 Name Five – DR 6:00 favorite TV Show – DR	**16** **Hippie Day** 9:30 Coffee & Chat – DR 10:00 Balloon Bounce – DR 11:00 Music & Sensory – DR 2:00 MC Rhythm Band/Sing Along – DR **3:30 Happy Hour – DR** 4:00 Match Game/Maze – DR 6:00 Relaxing Music Hour – LR	**17** **Carnival Day** 9:30 Coffee & Chat – DR 10:30 Morning Devotional w/Calvary Chapel – MDR 1:30 One on One Visit 2:30 Monthly Birthday Party & Hydration – DR 3:30 Junk Drawer Detective – DR 4:00 Reading Circle – DR 6:00 Relaxing Music Hour – LR	**18** **Pajamas Day** 10:30 MC Brain Teaser – DR **11:00 Sit & Fit w/Bob w/UT HM Care Services – DR** 2:00 Favorite TV Show – LR 3:15 Hydration Station – DR 3:30 One on One Visit – DR 6:00 Relaxing Music Hour – LR	**19** **Crazy Hat Day** 10:00 Easy Listening – DR 1:30 Reading Circle – DR 2:00 Hallmark Movie – DR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR Oktoberfest Begins
20 Self-Care Sunday 9:00-11:30AM 1:30 One on One Visit 2:00 Temple Baptist Church Service – AR 2:45 Sunday Matinee w/Hydrations & Snacks – LR 4:15 Balloon Bounce – LR 6:00 Relaxing Music Hour – LR Yom Kippur Begins	**21** 9:30 Coffee & Chat – DR 10:00 Gentle Stretch – DR 11:00 Music & Sensory – DR 1:30 One on One Visit 2:30 Tabletop Bowling – DR 3:30 Hydration Station – DR 4:00 Table Talk – DR 6:00 Relaxing Music Hour – LR	**22** 9:00 Table Talk – DR 9:30 Ball Toss – DR **10:30 Bingo – DR** 1:30 One on One Visit ***2:00 Live Music w/Roger Bache – DR*** 3:30 Hydration Station – DR 4:00 Name Five – DR 6:00 favorite TV Show – DR Autumn Begins	**23** 9:30 Coffee & Chat – DR 10:00 Puzzle Club – DR 10:30 Hymns & Harmony – DR 11:00 Morning Devotional w/Mark from Central Baptist Bearden – DR 1:30 One on One Visit 2:30 MC Rhythm Band/Sing Along – DR **3:30 Happy Hour – DR** 4:00 Color Me Happy – DR 6:00 Relaxing Music Hour – LR	**24** 9:30 Coffee & Chat – DR **10:30 Bingo – DR** 1:30 One on One Visit 2:30 Bean Bag Toss– DR 3:30 Hydration Station – DR 4:00 Reading Circle – DR 6:00 Relaxing Music Hour – LR	**25** *10:00 Morning Devotional w/AD from Smoky MTN. Hospice – DR* **11:00 Sit & Fit w/Bob w/UT HM Care Services – DR** 2:00 Favorite TV Show – LR 3:15 Hydration Station – DR 3:30 One on One Visit 6:00 Relaxing Music Hour – LR Sukkot Begins	**26** 10:00 Easy Listening – DR 1:30 Reading Circle – DR 2:00 Hallmark Movie – DR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR
27 Self-Care Sunday 9:00-11:30AM 1:30 One on One Visit 2:00 Temple Baptist Church Service – AR 2:45 Sunday Matinee w/Hydrations & Snacks – LR 4:15 Balloon Bounce – LR 6:00 Relaxing Music Hour – LR	**28** 9:30 Coffee & Chat – DR 10:00 Gentle Stretch – DR 11:00 Music & Sensory – DR 1:30 One on One Visit 2:30 Tabletop Bowling – DR 3:30 Hydration Station – DR 4:00 Table Talk – DR 6:00 Relaxing Music Hour – LR	**29** 9:30 Coffee & Chat – DR 10:00 Name Five – DR ***10:30 Fun Fitness w/Sandy – DR*** ***2:00 Sing Along w/Terri Bewley-Conner – MDR*** 3:30 Hydration Station – DR 4:00 Name Five – DR 6:00 favorite TV Show – DR	**30** 9:30 Coffee & Chat – DR 10:00 Balloon Bounce – DR 11:00 Music & Sensory – DR 1:30 One on One Visit 2:30 MC Rhythm Band/Sing Along – DR **3:30 Happy Hour – DR** 4:00 Match Game/Maze – DR 6:00 Relaxing Music Hour – LR