

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 May 2025 Northshore Heights – Memory Care Activities				9:00 One on One Visit 10:00 Morning Devotional w/Calvary Chapel – LR 10:30 Rings Toss – LR 11:00 Sensory Time – DR 2:00 MC Rhythm Band – LR 3:00 Hydration Station & Conversation – DR 3:45 Puzzles Circle– DR 4:00 Match Game -DR 6:00 Relaxing Music – LR May Day	9:30 Morning News – LR 10:00 Bonanza – LR 11:00 Easy Listening – LR 2:00 Happy Hour w/UT HM. Health & UT Hospice – MDR <i>* Featuring Margarita & Miami Vice*</i> 3:30 Favorite TV Shows – LR 6:30 Nightly News – LR	9:30 Morning News – LR 10:00 Funny Video -LR 10:30 Jazz Hour – DR 2:00 Hallmark Movie – LR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR
9:00 Sunday Stroll – DR 10:00 Basketball – LR 10:30 Glamorous Hour – DR 1:30 Positive Thoughts – DR 2:00 Fun Facts/Patio Social 3:00 Sip & Paint – DR 6:00 Relaxing Music Hour – LR	9:00 – 11:45AM Happy Nails – LR 1:30 One on One Visit 1:45 Sing Along Fun – DR 2:15 Animal Crackers Bingo – DR 3:00 Cinco De Mayo Party w/Kasha from UT HM. Health – MDR 4:00 Chair Dance Freeze – DR 6:30 Nightly News – LR Cinco de Mayo	9:00 One on One Visit 10:00 Morning Devotional w/Mark from Central Baptist Bearden – LR 10:30 Balloon Bounce Circle – LR 11:00 Sensory Time – DR 2:30 Music w/The Early Bird Special Band – MDR 3:30 Hydration Station & Reading Circle – DR 3:45 Arts & Crafts – DR 4:15 Who am I? – DR 6:30 Relaxing Music – LR	9:00 One on One Visit 10:00 Bible Study w/ Ed from The Temple Baptist Church – LR 10:30 Catholic Service – AR 11:00 Sensory Time – DR 1:30 Sing Along Fun – LR 2:00 Gentle Stretch – LR 3:00 Hydration Station & Marble Maze – DR 3:45 Tabletop Bowling – DR 4:15 Name 5 – DR 6:30 Nightly News – LR	9:00 One on One Visit 10:00 Morning Devotional w/Calvary Chapel – LR 10:30 Rings Toss – LR 11:00 Sensory Time – DR 2:00 MC Rhythm Band – LR 3:00 Hydration Station & Conversation – DR 3:45 Puzzles Circle– DR 4:00 Match Game -DR 6:00 Relaxing Music – LR	9:30 Morning News – LR 10:00 Bonanza – LR 11:00 Easy Listening – LR 2:00 Happy Hour *Featuring Margarita & Miami Vice* - MDR 3:00 Hydration Station – DR 3:30 Favorite TV Shows – LR 6:30 Nightly News – LR	9:30 Morning News – LR 10:00 Funny Video -LR 10:30 Jazz Hour – DR 2:00 Hallmark Movie – LR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR
9:00 Sunday Stroll – DR 10:00 Basketball – LR 10:30 Glamorous Hour – DR 1:30 Positive Thoughts – DR 2:00 Fun Facts/Patio Social 3:00 Sip & Paint – DR 6:00 Relaxing Music Hour – LR Mother's Day National Skilled Nursing Care Week	9:00 – 11:45AM Happy Nails – LR 1:30 One on One Visit 1:45 Sing Along Fun – DR 2:15 Animal Crackers Bingo – DR 3:00 Hydration Station & Conversation – DR 3:30 Reading Circle – DR 4:00 Chair Dance Freeze – DR 6:30 Nightly News – LR	9:00 One on One Visit – DR 10:00 Balloon Bounce Circle – LR 10:30 Gospel Sing Along – LR 11:00 Morning Devotional w/AD from Smoky MTN. Hospice – LR 2:30 Music w/Johnny Jukebox – MDR 3:30 Hydration Station & Reading Circle – DR 3:45 Arts & Crafts – DR 4:15 Who am I? – DR 6:30 Relaxing Music – LR	9:00 One on One Visit 10:00 Pizza Toss – LR 10:30 Catholic Service – AR 11:00 Sensory Time – DR 1:30 Armchair Travel – LR 2:00 Gentle Stretch – LR 3:00 Hydration Station & Marble Maze – DR 3:45 Tabletop Bowling – DR 4:15 Name 5 – DR 6:30 Nightly News – LR	9:00 One on One Visit 10:00 Morning Devotional w/Calvary Chapel – LR 10:30 Rings Toss – LR 11:00 Sensory Time – DR 2:00 Monthly Birthday Party w/UT Hospice – MDR 3:00 Hydration Station & Conversation – DR 3:45 Puzzles Circle– DR 4:00 Match Game -DR 6:00 Relaxing Music – LR	9:30 Morning News – LR 10:00 Bonanza – LR 11:00 Easy Listening – LR 2:00 Happy Hour *Featuring Margarita & Miami Vice* - MDR 3:00 Hydration Station – DR 3:30 Favorite TV Shows – LR 6:30 Nightly News – LR	9:30 Morning News – LR 10:00 Funny Video -LR 10:30 Jazz Hour – DR 2:00 Hallmark Movie – LR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR Armed Forces Day
9:00 Sunday Stroll – DR 10:00 Basketball – LR 10:30 Glamorous Hour – DR 1:30 Positive Thoughts – DR 2:00 Fun Facts/Patio Social 3:00 Sip & Paint – DR 6:00 Relaxing Music Hour – LR	9:00 – 11:45AM Happy Nails – LR 1:30 One on One Visit 1:45 Sing Along Fun – DR 2:15 Animal Crackers Bingo – DR 3:00 Hydration Station & Conversation – DR 3:30 Reading Circle – DR 4:00 Chair Dance Freeze – DR 6:30 Nightly News – LR Victoria Day (Canada)	9:00 One on One Visit – DR 10:00 Balloon Bounce Circle – LR 10:30 Gospel Sing Along – LR 11:00 Morning Devotional w/AD from Smoky MTN. Hospice – LR 2:00 Music w/Cliff Justice – MDR 3:00 Hydration Station & Reading Circle – DR 3:30 Arts & Crafts – DR 4:15 Who am I? – DR 6:30 Relaxing Music – LR	9:00 One on One Visit 10:00 Bible Study w/ Ed from The Temple Baptist Church – LR 10:30 Catholic Service – AR 11:00 Sensory Time – DR 1:30 Sing Along Fun – LR 2:30 The Golden Heir Choir – MDR 3:30 Hydration Station & Marble Maze – DR 3:45 Tabletop Bowling – DR 4:15 Name 5 – DR 6:30 Nightly News – LR	9:00 One on One Visit 10:00 Morning Devotional w/Calvary Chapel – LR 10:30 Beach Ball Play – LR 11:00 Sensory Time – DR 5:00PM – 9:00PM 	9:30 Morning News – LR 10:00 Bonanza – LR 11:00 Easy Listening – LR 2:00 Game Show – LR 3:00 Hydration Station – DR 3:30 Favorite TV Shows – LR 6:30 Nightly News – LR	9:30 Morning News – LR 10:00 Funny Video -LR 10:30 Jazz Hour – DR 2:00 Hallmark Movie – LR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR
9:00 Sunday Stroll – DR 10:00 Basketball – LR 10:30 Glamorous Hour – DR 1:30 Positive Thoughts – DR 2:00 Fun Facts/Patio Social 3:00 Sip & Paint – DR 6:00 Relaxing Music Hour – LR	9:00 – 11:45AM Happy Nails – LR 1:30 One on One Visit 1:45 Sing Along Fun – DR 2:15 Animal Crackers Bingo – DR 3:00 Hydration Station & Conversation – DR 3:30 Reading Circle – DR 4:00 Chair Dance Freeze – DR 6:30 Nightly News – LR Memorial Day	9:00 One on One Visit – DR 10:00 Balloon Bounce Circle – LR 10:30 Gospel Sing Along – LR 11:00 Morning Devotional w/AD from Smoky MTN. Hospice – LR 2:00 Music w/Frank & Friends – MDR 3:00 Hydration Station & Reading Circle – DR 3:30 Arts & Crafts – DR 4:15 Who am I? – DR 6:30 Relaxing Music – LR	9:00 One on One Visit 10:00 Pizza Toss – LR 10:30 Catholic Service – AR 11:00 Sensory Time – DR 1:30 Armchair Travel – LR 2:00 Gentle Stretch – LR 3:00 Hydration Station & Marble Maze – DR 3:45 Tabletop Bowling – DR 4:15 Name 5 – DR 6:30 Nightly News – LR	9:00 One on One Visit 10:00 Morning Devotional w/Calvary Chapel – LR 10:30 Rings Toss – LR 11:00 Sensory Time – DR 2:00 MC Rhythm Band – LR 3:00 Hydration Station & Conversation – DR 3:45 Puzzles Circle– DR 4:00 Match Game -DR 6:00 Relaxing Music – LR	9:30 Morning News – LR 10:00 Bonanza – LR 11:00 Easy Listening – LR 2:00 Happy Hour *Featuring Margarita & Miami Vice* - MDR 3:00 Hydration Station – DR 3:30 Favorite TV Shows – LR 6:30 Nightly News – LR	9:30 Morning News – LR 10:00 Funny Video -LR 10:30 Jazz Hour – DR 2:00 Hallmark Movie – LR 3:00 Hydration Station – DR 6:00 Relaxing Music Hour – LR