




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Room Location Codes AR = Activity Room LB = Library DR = Dining Room FE = Front Entrance IA = Independent Activity</div> <div><i>The Activities Calendar is subject to change. Please refer to the Daily Activities Board in the Dining Room.</i></div>		<div>FREE Elevator Rides ALL DAY 10:00 Scuba Lessons followed by Shark Feeding in the Lower Pond 10:30 Crocodile Wrestling at the Waterfall 11:00 Dumpster Diving for Lunch 2:00 Pool Party on the 3rd Floor 3:30 Bubble Bath in the Pond APRIL FOOLS!!!</div> <div>All Fools' Day</div>	<div>National Walking Day!</div> <div>10:00 Daily Chronicles – LB 10:30 Catholic Service – AR 10:45 Sit & Fit w/Bob from UT HM. Health – AR 1:45 Movie Matinee – AR 3:30 Sudoku – IA/LB 6:30 Nightly News – DR</div>	<div>3</div> <div>10:15 Sing Along Hymns – AR 10:30 Morning Devotional w/Calvary Chapel – AR 11:10 Chair Dancercise – AR 2:00 Brain Teaser – LB 3:30 Bingo – AR 6:30 Game Shows - DR</div>	<div>4</div> <div>10:00 Daily Chronicles – LB 10:00 Crafts w/Phyllis – AR 2:00 Happy Hour w/UT HM. Health & UT Hospice – DR 3:00 Social w/Friends – IA/DR 6:30 Billiards Night – IA</div>	<div>5</div> <div>9:00 Morning News – DR 10:00 Morning Stroll – IA <u>A Friendly Reminder: Please stay hydrated!</u> 2:00 Bingo – AR 3:30 Puzzles Club – LB 6:00 Nightly News – DR</div>
<div>Happy Birthday! Martha C. & Beth S. 9:00 Morning News – DR 10:00 Morning Stroll – IA 2:00 Temple Baptist Church Service – AR <u>A Friendly Reminder: Please stay hydrated!</u> 3:30 Afternoon Reading – IA/LB 7:00 60 Minutes – DR</div> <div>6</div>	<div>10:00 Daily Chronicles – LB 10:30 Spring Edible Craft w/Kasha from UT HM. Health – AR 11:30 Word Search – LB 2:00 Puzzles Club – LB 3:30 Bingo – AR 6:30 Nightly News – DR</div> <div>7</div>	<div>10:00 Crosswords – LB 10:30 Morning Devotional w/AD from Smoky MTN. Hospice – AR 11:00 Chair Yoga w/Sandy – AR 2:00 Music w/Marc B. – DR 3:30 Fun Fact – LB 6:30 Nightly News – DR</div> <div>8</div>	<div>National Name Yourself Day!</div> <div>10:00 Daily Chronicles – LB 10:30 Catholic Service – AR 10:45 Sit & Fit w/Bob from UT HM. Health – AR 1:45 Movie Matinee – AR 3:30 Sudoku – IA/LB 6:30 Nightly News – DR</div> <div>9</div>	<div>10</div> <div>10:15 Sing Along Hymns – AR 10:30 Morning Devotional w/Calvary Chapel – AR 11:10 Chair Dancercise – AR 2:00 UT Gardens – AR 3:30 Bingo – AR 6:30 Game Shows - DR</div>	<div>National Pet Day!</div> <div>10:00 Daily Chronicles – LB 10:30 Shopping at Food City – FE 2:00 Happy Hour 3:00 Social w/Friends – IA/DR 6:30 Billiards Night – IA</div> <div>11</div>	<div>9:00 Morning News – DR 10:00 Morning Stroll – IA <u>A Friendly Reminder: Please stay hydrated!</u> 2:00 Bingo – AR 3:30 Puzzles Club – LB 6:00 Nightly News – DR</div> <div>Passover Begins</div> <div>12</div>
<div>9:00 Morning News – DR 10:00 Morning Stroll – IA 2:00 Temple Baptist Church Service – AR <u>A Friendly Reminder: Please stay hydrated!</u> 3:30 Afternoon Reading – IA/LB 7:00 60 Minutes – DR</div> <div>13</div> <div>Palm Sunday</div>	<div>10:00 Daily Chronicles – LB 10:30 Walk w/Friends – IA 10:30 Shopping at Dollar Tree or Five Below – FE 11:30 Word Search - LB 2:00 Puzzles Club – LB 3:30 Bingo – AR 6:30 Nightly News – DR</div> <div>14</div>	<div>10:00 Crosswords – LB 10:30 Morning Devotional w/Mark from Central Baptist Bearden – AR 11:00 Fun Fitness w/Sandy – AR 2:00 Music w/Johny Jukebox – DR 2:30 Spring Arts & Crafts w/Pattaya – AR 6:30 Nightly News – DR</div> <div>15</div>	<div>National Wear Your Pajamas to Work Day! 10:30 Catholic Service – AR 10:45 Sit & Fit w/Bob from UT HM. Health – AR 1:15 Resident Council & Food Committee – AR 2:30 Rhythm Band Workshop w/Rise T. – AR 3:30 Sudoku – IA/LB 6:30 Nightly News – DR</div> <div>16</div>	<div>8:30 Wellness Check w/UT HM. Health 10:15 Sing Along Hymns – AR 10:30 Morning Devotional w/Calvary Chapel – AR 11:10 Chair Dancercise – AR 2:00 Monthly Birthday Party w/UT Hospice – DR 3:30 Bingo – AR 6:30 Game Shows - DR</div> <div>17</div>	<div>10:00 Daily Chronicles – LB 10:30 Men's Club Meet & Greet w/Travis – AR 2:00 Happy Hour – DR 3:00 Social w/Friends – IA/DR 6:30 Billiards Night – IA</div> <div>18</div>	<div>9:00 Morning News – DR 10:00 Morning Stroll – IA <u>A Friendly Reminder: Please stay hydrated!</u> 2:00 Bingo – AR 3:30 Puzzles Club – LB 6:00 Nightly News – DR</div> <div>19</div>
<div> Happy EASTER</div> <div>10:00 Daily Chronicles – LB 10:30 Walk w/Friends – IA 10:30 Shopping at Kroger – FE 11:30 Word Search - LB 2:00 Puzzles Club – LB 3:30 Bingo – AR 6:30 Nightly News – DR</div> <div>20</div> <div>Easter Sunday</div>	<div>10:00 Daily Chronicles – LB 10:30 Walk w/Friends – IA 10:30 Shopping at Kroger – FE 11:30 Word Search - LB 2:00 Puzzles Club – LB 3:30 Bingo – AR 6:30 Nightly News – DR</div> <div>21</div>	<div>10:00 Crosswords – LB 10:30 Morning Devotional w/AD from Smoky MTN. Hospice – AR 11:00 Armchair Travel – AR 2:30 Music w/TimothyS. – DR 3:30 Fun Fact – LB 6:30 Nightly News – DR</div> <div>22</div> <div>Earth Day</div>	<div>World Book Day!</div> <div>10:00 Daily Chronicles – LB 10:30 Catholic Service – AR 10:45 Sit & Fit w/Bob from UT HM. Health – AR 1:45 Movie Matinee – AR 3:30 Sudoku – IA/LB 6:30 Nightly News – DR</div> <div>23</div> <div>Administrative Professionals Day</div>	<div>National Bucket List Day!</div> <div>10:15 Sing Along Hymns – AR 10:30 Morning Devotional w/Calvary Chapel – AR 11:10 Chair Dancercise – AR 2:00 Ice Cream Sandwich Social – DR/Back Patio 3:30 Bingo – AR 6:30 Game Shows - DR</div> <div>24</div>	<div>10:00 Daily Chronicles – LB 10:30 Chair Belly Dance w/Sandy – AR 2:00 Happy Hour – DR 3:00 Social w/Friends – IA/DR 6:30 Billiards Night – IA</div> <div>25</div> <div>Arbor Day</div>	<div>9:00 Morning News – DR 10:00 Morning Stroll – IA <u>A Friendly Reminder: Please stay hydrated!</u> 2:00 Bingo – AR 3:30 Puzzles Club – LB 6:00 Nightly News – DR</div> <div>26</div>
<div>9:00 Morning News – DR 10:00 Morning Stroll – IA 2:00 Temple Baptist Church Service – AR <u>A Friendly Reminder: Please stay hydrated!</u> 3:30 Afternoon Reading – IA/LB 7:00 60 Minutes – DR</div> <div>27</div>	<div>10:00 Daily Chronicles – LB 10:30 Walk w/Friends – IA 10:30 Lunch Around Town at Corner 16 – FE 11:30 Word Search - LB 2:00 Puzzles Club – LB 3:30 Bingo – AR 6:30 Nightly News – DR</div> <div>28</div>	<div>10:00 Crosswords – LB 10:30 Devotions w/Mark from Central Baptist Bearden – AR 11:00 Fun Fitness w/Sandy – AR 2:00 Music w/Frank & Friends – DR 3:30 Color Me Happy – LB 6:30 Game Shows – DR</div> <div>29</div>	<div>10:00 Daily Chronicles – LB 10:30 Catholic Service – AR 10:45 Sit & Fit w/Bob from UT HM. Health – AR 2:30 Line Dance w/Calvary Chapel – Back Patio 3:30 Sudoku – IA/LB 6:30 Nightly News – DR</div> <div>30</div>	<div><h1>April 2025</h1><h2>Northshore Heights - Assisted Living Activities</h2></div>		