

Welcome New Residents

Welcome to the Northshore Heights Family:

Cheryl P.
Ed & Charlotte W.

When you see your new neighbors around the building, be sure to say Hello!

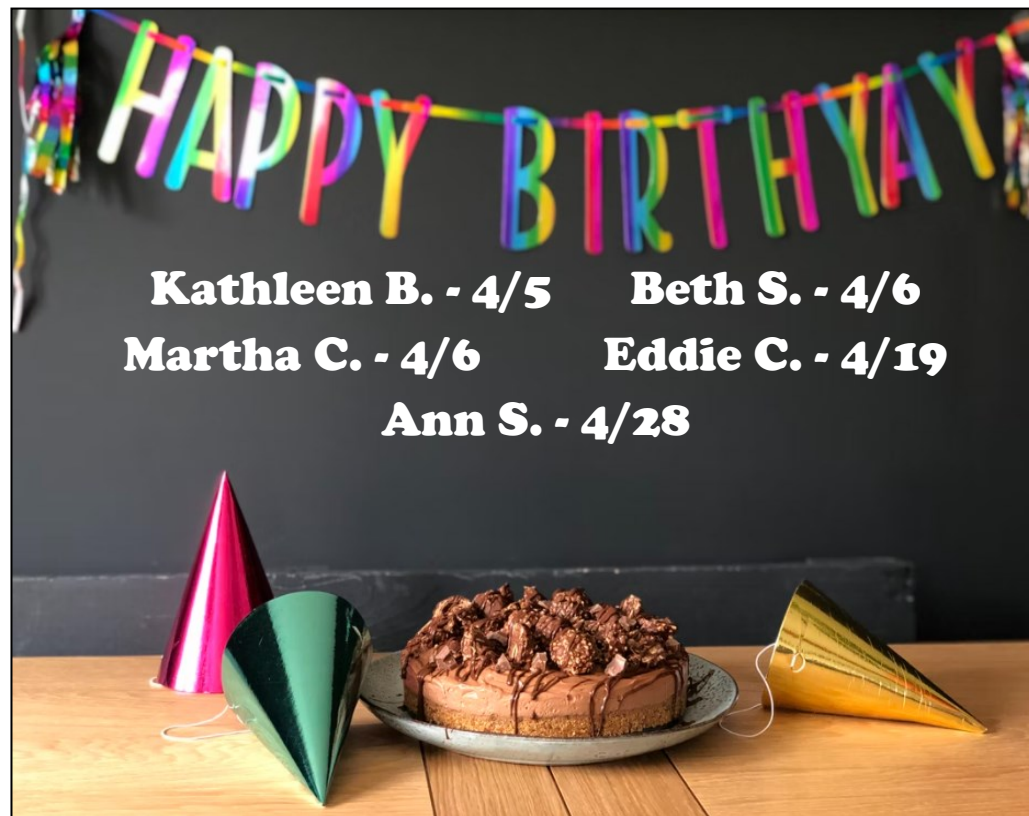
Resident Council

The Resident Council meeting is held each month, on the third Wednesday at 1:15p.m. in the Activity Room. This meeting is open to **all residents**. Resident councils play a crucial role in voicing concerns, requesting improvements, supporting new residents & supporting facility efforts to make care and life in the community the best it can be.

Our next meeting will be held Wednesday, *April 17th.*

Bird IQ ANSWERS:

- 1. D, 2. C, 3. A, 4. E, 5. B



Kathleen B. - 4/5 Beth S. - 4/6
Martha C. - 4/6 Eddie C. - 4/19
Ann S. - 4/28

Easter Word Search

Z	S	T	V	S	C	M	Y	N	H	S	K	S	A	H	T	L
G	V	P	C	W	I	V	F	C	A	C	P	V	E	Z	D	D
P	A	C	C	O	E	W	L	N	M	A	O	Y	Z	S	L	P
P	U	H	E	G	G	L	U	T	S	A	Z	K	O	G	X	D
J	T	O	R	B	U	M	J	U	G	X	F	O	P	N	G	A
F	O	C	K	U	I	X	P	I	R	I	S	Y	L	N	Y	F
D	Q	O	Q	H	Z	C	C	A	L	M	O	G	I	C	T	F
S	E	L	Q	F	H	T	S	U	L	E	P	X	E	K	M	O
S	G	A	T	E	N	N	O	B	A	R	S	R	E	G	C	D
W	G	T	H	X	A	U	X	Z	U	A	R	T	V	S	C	I
Z	S	E	X	S	J	H	M	P	C	B	I	K	V	S	Z	L
C	O	P	O	R	S	L	R	R	H	B	U	X	J	O	S	S
C	T	Y	L	P	G	L	V	Y	I	I	A	D	X	M	J	B
W	C	N	Y	Z	B	Q	K	X	C	T	E	K	S	A	B	M
K	X	N	U	M	S	D	U	C	K	L	I	N	G	S	P	A
X	K	U	X	G	N	I	R	P	S	P	L	U	O	G	G	L
P	S	B	G	Q	D	A	S	N	A	E	B	Y	L	L	E	J

BUNNY DUCKLINGS DAFFODILS EGG LAMBS
 BONNET SPRING EGGS JELLYBEANS RABBIT CHOCOLATE IRIS BASKET CHICKS HUNT

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Northshore Heights News

April 2024



Your Leadership Team

Administrator
Carrie Catherwood

Business Office Manager
Jessica Slade

Director of Personal Care
Bre Dunn

Assistant Director of Personal Care
Kipper Melmige

Maintenance Director
Travis Godfrey

Culinary Director
Jesse Tolbert

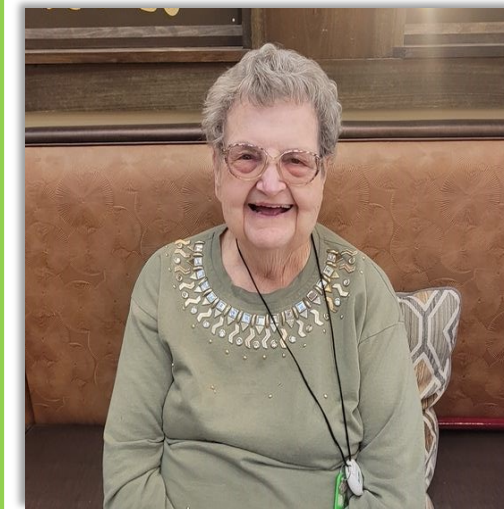
Recreation Director
Shelli Seamons

Director of Sales & Marketing
Kellie Cunningham



Northshore Heights Senior Living
8804 S. Northshore Drive, Knoxville, TN. 37922
865.444.1294

Resident of the Month



Our April Resident of the Month is Ms. Billy!!

Billy is a Tennessee native, but as a military wife, she has traveled the world! She is a proud mama and grandmother, is a fierce Bingo competitor, loves music, good ol' country cookin', and ALL the holidays. Billy has a hilarious sense of humor & likes to cut up with all her friends.

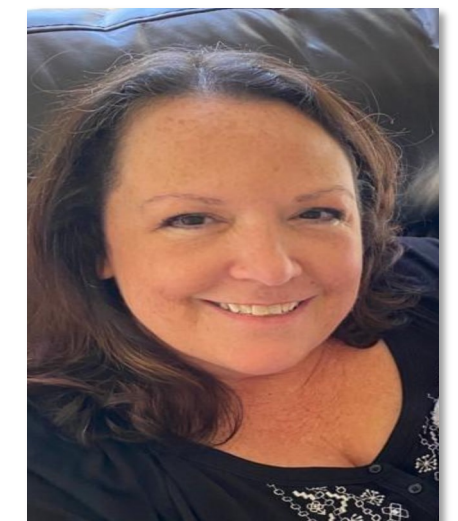
We love you Billy!

Employee of the Month

CONGRATULATIONS to Nurse Schantey, our April Employee of the Month!

Your dedication, hard work, and positive attitude make a significant difference in our residents lives.

Thank you, Schantey, for your outstanding contributions and for setting a high standard of excellence!



**Celebrating
April**

**Lawn and Garden
Month**

Humor Month

**Laugh at Work
Week**

April 1-7

**National Volunteer
Week**

April 21-27

**Peanut Butter and
Jelly Day**

April 2

World Rat Day

April 4

**Take a Wild Guess
Day**

April 15

Earth Day

April 22

**Talk Like
Shakespeare Day**

April 23

**International Jazz
Day**

April 30

**April Horoscopes &
Famous Birthday's**

If you were born between April 1-19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big, outgoing personalities. Those born between April 20-30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they like to reward

- Emmylou Harris – April 2, 1947
- Marlon Brando – April 3, 1924
- David Blaine – April 4, 1973
- James D. Watson – April 6, 1928
- Jackie Chan – April 7, 1954
- Betty Ford – April 8, 1918
- Beverly Cleary – April 12, 1916
- Kareem Abdul-Jabbar – April 16, 1947
- Victoria Beckham – April 17, 1974
- Queen Elizabeth II – April 21, 1926
- Barbra Streisand – April 24, 1942
- Kelly Clarkson – April 24, 1982
- Jay Leno – April 28, 1950
- Duke Ellington – April 29, 1899

Birthday Colors

Most of us know our astrological birth sign, but do you know your "colorstrology" birthday color?

April 1-6: Yellow
You are outdoorsy and spirited. Friends know to call you when they need advice or a shoulder to cry on. You always see the good in people.

April 7-15: Navy
You have strong feelings about almost everything. People might say you are opinionated, but you have great taste. You love your life, but you can be easily distracted.

April 16-23: Silver
You are imaginative and like to try new things. You can be shy, but you like to challenge yourself. You are attracted to romantic partners who make you laugh.

April 24-30: Red
You are highly respected and most people think of you as being very unique. You like to dream big. You are always prepared and rarely surprised by what comes your way.

No Foolin'

Its exact beginnings are a mystery, but some historians link April Fools' Day to the 16th century, when New Year's Day moved from April 1 to January 1. Those who continued to celebrate the new year on April 1 were called fools.

April Zodiacs

- Aries (The Ram)**
April 1-19
- Taurus (The Bull)**
April 20-30



April is the fourth month of the year in the Gregorian calendar. It was originally the second month of the Roman calendar, before the addition of January and February. No one knows for sure how April got its name. Some say it comes from the Latin *aperire*, meaning "to open," alluding to the opening of buds in springtime. Others say April was named after Aphrodite or the goddess Eostre. Whatever the case, the onset of April means that spring has arrived.

April Headlines

History made during the month of April includes:

- Mutiny on the *Bounty*: April 28, 1789
- First Train Crosses Mississippi River: April 22, 1856
- Pony Express Begins Delivering Mail: April 3, 1860
- Admiral Peary Reaches the North Pole: April 6, 1909
- NASA Launches Space Shuttle Program: April 12, 1981

What's Lucky in April?

- Lucky Color: Maroon
- Lucky Animal: Tiger
- Lucky Letters: *H* and *F*
- Lucky Day: Sunday
- Lucky Plant: Broccoli



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Test Your Bird IQ

Are you a bird lover? Are you an expert? Choose the answer to each question below and find out how much you really know.

1. An ouzel is an old name for which bird?
2. Which bird has varieties called rock, tawny, water, and tree?
3. The magpie is related to which bird?
4. Which bird's nickname is "redbreast"?
5. "Downy" is a species of which bird?

- A.) Crow
- B.) Woodpecker
- C.) Pipit
- D.) Blackbird
- E.) Robin

Answers are on Page 4

Luck of the Irish

St. Patrick's Party & Crafts

