

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Room Location Codes:</b>  <b>AR = Activity Room</b>  <b>DR = Dining Room</b>  <b>FE = Front Entrance</b>  <b>LB = Library</b>  <b>IA – Independent Activity</b></p>	<p><b>FREE Elevator Rides ALL DAY</b> 1            10:00 Scuba Lessons followed by Shark Feeding in the Lower Pond Northshore            11:00 Crocodile Wrestling at the Waterfall  <b>2:00 Pool Party on the 3<sup>rd</sup> Floor</b>            3:30 Break Dance Contest – First Person to Break a Hip WINS!  <b>APRIL FOOLS!!!!</b>  <small>All Fools' Day</small></p>	<p>2            10:00 Word Search            10:30 Fun Fitness w/Sandy - AR            11:00 Devotions w/AD from Smoky Mountain Hospice – AR            1:00 Board Games – LB  <b>2:00 Knoxville Civil War Round Table – AR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>3            10:00 Coffee &amp; Chronicles – DR            10:30 Catholic Service – AR            10:45 Sit Fit w/Bob from UT Home Health – AR  <b>2:00 Music by the Golden Heirs Choir – DR</b>            3:30 Loch Ness Monster Mining–LB            6:30 Nightly News – DR</p>	<p>4            10:00 Crosswords–LB            10:30 Devotions &amp; Fellowship with Calvary Chapel – AR            11:00 Hangman – AR            11:30 Fact or Foolery – AR  <b>2:00 Music by Fredda &amp; Betty–DR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>5            10:00 Cranium Crunch – LB  <b>10:30 April Crafts w/Phyllis - AR</b>  <b>2:00 Happy Hour with Music by Kim Frasch – DR</b>            2:30 Trivia – DR            3:00 Music &amp; Mingle – DR            6:30 Poker Night – IA</p>	<p>6            9:00 Morning News – DR            10:00 Sudoku – IA            10:30 Walking Club - IA            2:00 Activity Packets – IA            3:30 Puzzles – IA            6:00 Nightly News – DR</p>	
<p>7            9:00 Morning News – DR            10:30 Coffee &amp; Chat with Friends–IA            2:00 Temple Baptist Church Service – AR            3:00 Games in the AR – IA            6:00 Activity Packets – IA            7:00 60 Minutes – DR</p>	<p>8            10:00 "Four" Puzzle – LB  <b>10:30 Lunch Around Town – FE</b>            11:30 Secret Quote – LB            2:00 Movie Matinee – AR            3:30 Creative Coloring – LB            6:30 Nightly News – DR</p>	<p>9            10:00 Word Search            10:30 Chair Yoga w/Sandy - AR            11:00 Devotions w/AD from Smoky Mountain Hospice – AR            1:00 Board Games – LB  <b>2:00 Music w/Cliff Justice – DR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>10            10:00 Coffee &amp; Chronicles – DR            10:30 Catholic Service – AR            10:45 Sit Fit w/Bob from UT Home Health – AR  <b>2:00 Ice Cream Sundaes - DR</b>            3:30 Brain Teasers – LB            6:30 Nightly News – DR</p>	<p>11            10:00 Crosswords–LB            10:30 Devotions &amp; Fellowship with Calvary Chapel – AR            11:00 ABCit Game – AR            11:30 April Horoscopes – AR  <b>2:00 Garden Club with UT Gardens – AR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>12            10:00 Cranium Crunch – LB            10:30 Jeopardy – AR  <b>2:00 Happy Hour – DR</b>            2:30 Trivia – DR            3:00 Music &amp; Mingle – DR            6:30 Poker Night – IA</p>	<p>13            9:00 Morning News – DR            10:00 Sudoku – IA            10:30 Walking Club - IA            2:00 Activity Packets – IA            3:30 Puzzles – IA            6:00 Nightly News – DR</p>	
<p>14            9:00 Morning News – DR            10:30 Coffee &amp; Chat with Friends–IA            2:00 Temple Baptist Church Service – AR            3:00 Games in the AR – IA            6:00 Activity Packets – IA            7:00 60 Minutes – DR</p>	<p>15            10:00 SNAIL Categories - LB            10:30 Exercise Video – AR            11:00 Time for Taxes Puzzle – LB            1:45 Movie Matinee – AR  <b>2:00 Shopping at Walmart – FE</b>            3:30 Creative Coloring – LB            6:30 Nightly News – DR</p>	<p>16            10:00 Word Search            10:30 Fun Fitness w/Sandy - AR            11:00 Devotions w/AD from Smoky Mountain Hospice – AR            1:00 Board Games – LB  <b>2:00 Krafts with Kasha from UT Home Health – AR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>17            10:00 Coffee &amp; Chronicles – DR            10:30 Catholic Service – AR            10:45 Sit Fit w/Bob from UT Home Health – AR  <b>1:15 Resident Council &amp; Food Committee - AR</b>            2:30 Zig Zag Word Game – LB            6:30 Nightly News – DR</p>	<p>18            10:00 Crosswords–LB            10:30 Devotions &amp; Fellowship with Calvary Chapel – AR            11:00 A-Mazing Dolphins - LB            11:30 April Famous Birthdays – AR  <b>2:00 Monthly Birthday Party w/Music by Danny James – DR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>19            10:00 Cranium Crunch – LB            10:30 Family Feud - AR  <b>2:00 Happy Hour – DR</b>            2:30 Trivia – DR            3:00 Music &amp; Mingle – DR            6:30 Poker Night – IA</p>	<p>20            9:00 Morning News – DR            10:00 Sudoku – IA            10:30 Walking Club - IA            2:00 Activity Packets – IA            3:30 Puzzles – IA            6:00 Nightly News – DR</p>	
<p>21            9:00 Morning News – DR            10:30 Coffee &amp; Chat with Friends–IA            2:00 Temple Baptist Church Service – AR            3:00 Games in the AR – IA            6:00 Activity Packets – IA            7:00 60 Minutes – DR</p>	<p>22            10:00 Mixed Up Titanic – LB            10:30 Exercise Video – AR            11:00 Green Thumb Scramble – LB            1:45 Movie Matinee – AR  <b>2:00 Shopping at Dollar Tree - FE</b>            3:30 Creative Coloring – LB            6:30 Nightly News – DR</p>	<p>23            10:00 Word Search            10:30 Belly Dancing w/Sandy - AR            11:00 Devotions w/AD from Smoky Mountain Hospice – AR            1:00 Board Games – LB  <b>2:00 Music w/Mike Thornton – DR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>24            10:00 Coffee &amp; Chronicles – DR            10:30 Catholic Service – AR            10:45 Sit Fit w/Bob from UT Home Health – AR  <b>2:00 Rhythm Band with Rise Tucker – AR</b>            3:30 Brain Teasers – LB            6:30 Nightly News – DR</p>	<p>25            10:00 Crosswords–LB            10:30 Devotions &amp; Fellowship with Calvary Chapel – AR            11:00 A-Mazing Garlic – LB            11:30 April IQ – AR            2:00 Yahtze – AR            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>26            10:00 Cranium Crunch – LB            10:30 Wheel of Fortune – AR  <b>2:00 Happy Hour – DR</b>            2:30 Trivia – DR            3:00 Music &amp; Mingle – DR            6:30 Poker Night – IA</p>	<p>27            9:00 Morning News – DR            10:00 Sudoku – IA            10:30 Walking Club - IA            2:00 Activity Packets – IA            3:30 Puzzles – IA            6:00 Nightly News – DR</p>	
<p>28            9:00 Morning News – DR            10:30 Coffee &amp; Chat with Friends–IA            2:00 Temple Baptist Church Service – AR            3:00 Games in the AR – IA            6:00 Activity Packets – IA            7:00 60 Minutes – DR</p>	<p>29            10:00 GROWL Categories – LB            10:30 Devotions w/Chaplain Amanda from Caris – AR            11:00 Exercise Video – AR            1:45 Movie Matinee – AR  <b>2:00 Shopping at Target – FE</b>            3:30 Creative Coloring – LB            6:30 Nightly News – DR</p>	<p>30            10:00 Word Search            10:30 Fun Fitness w/Sandy - AR            11:00 Devotions w/AD from Smoky Mountain Hospice – AR            1:00 Board Games – LB  <b>2:00 Music with Frank and Friends – DR</b>            3:30 Bingo – AR            7:00 Game Shows – DR</p>	<p>Administrative Professionals Day</p>			<p>Arbor Day</p>	

# April 2024

Northshore Heights Senior Living – Assisted Living Activities