

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

## Northshore Heights Senior Living Night Owl Activities

					<p><b>1</b></p> <p>9:00pm Reading Chicken Soup for the Soul 11:00pm Phase 10 1:00am Sudoku 3:00am Pictionary 5:00 Sunrise Stroll</p>	<p><b>2</b></p> <p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Monopoly 3:00am Zig Zag Word Game 5:00am TV Land</p>	<p><b>3</b></p> <p>9:00pm Family Feud 11:00pm Blackjack 1:00am Match Game 3:00am Dot-to-Dot 5:00am Early Risers Walking Club</p>
<p><b>4</b></p> <p>9:00pm Current Events 11:00pm Midnight Movie 1:00am Go Fish 3:00am Trivia 5:00am Bible Studies</p>	<p><b>5</b></p> <p>9:00pm Tea &amp; Hand Massage 11:00pm Word Search 1:00am Name 5 3:00am Spelling Bee 5:00am Chair Stretches</p>	<p><b>6</b></p> <p>9:00pm Listening to Music 11:00pm Checkers 1:00am Puzzles 3:00am Rummy Hour 5:00am TV Land</p>	<p><b>7</b></p> <p>9:00pm Spelling Bee 11:00pm Midnight Movie 1:00am Poetry Reading 3:00am Rook 5:00 Early Risers Walking Club</p>	<p><b>8</b></p> <p>9:00pm Rummikub 11:00pm Midnight Movie 1:00am Yahtzee 3:00am Word Scramble 5:00 Early Risers Walking Club</p>	<p><b>9</b></p> <p>9:00pm Relaxing Music 11:00pm Brain Teasers 1:00am Pyramid Solitaire 3:00am Adult Coloring 5:00am Chair Stretches</p>	<p><b>10</b></p> <p>9:00pm Finish the Song 11:00pm Midnight Movie 1:00am Match Game 3:00am Amazing Mazes 5:00am Sunrise Stroll</p>	
<p><b>11</b></p> <p>9:00pm Tic-Tac-Toe 11:00pm Crosswords 1:00am Clock Solitaire 3:00am 20 Questions 5:00am Bible Studies</p>	<p><b>12</b></p> <p>9:00pm Family Stories 11:00pm Midnight Movie 1:00am Crazy 8's 3:00am Journaling 5:00am Early Risers Walking Club</p>	<p><b>13</b></p> <p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Dominoes 3:00am Solitaire 5:00am Sunrise Stroll</p>	<p><b>14</b></p> <p>9:00pm Chicken Foot 11:00pm I Spy 1:00am Basket Toss 3:00am Remember When? 5:00 Chair Stretches</p>	<p><b>15</b></p> <p>9:00pm Reading Chicken Soup for the Soul 11:00pm Phase 10 1:00am Sudoku 3:00am Pictionary 5:00 Sunrise Stroll</p>	<p><b>16</b></p> <p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Monopoly 3:00am Zig Zag Word Game 5:00am TV Land</p>	<p><b>17</b></p> <p>9:00pm Family Feud 11:00pm Blackjack 1:00am Match Game 3:00am Dot-to-Dot 5:00am Early Risers Walking Club</p>	
<p><b>18</b></p> <p>9:00pm Current Events 11:00pm Midnight Movie 1:00am Go Fish 3:00am Trivia 5:00am Bible Studies</p>	<p><b>19</b></p> <p>9:00pm Tea &amp; Hand Massage 11:00pm Word Search 1:00am Name 5 3:00am Spelling Bee 5:00am Chair Stretches</p>	<p><b>20</b></p> <p>9:00pm Listening to Music 11:00pm Checkers 1:00am Puzzles 3:00am Rummy Hour 5:00am TV Land</p>	<p><b>21</b></p> <p>9:00pm Spelling Bee 11:00pm Midnight Movie 1:00am Poetry Reading 3:00am Rook 5:00 Early Risers Walking Club</p>	<p><b>22</b></p> <p>9:00pm Rummikub 11:00pm Midnight Movie 1:00am Yahtzee 3:00am Word Scramble 5:00 Early Risers Walking Club</p>	<p><b>23</b></p> <p>9:00pm Relaxing Music 11:00pm Brain Teasers 1:00am Pyramid Solitaire 3:00am Adult Coloring 5:00am Chair Stretches</p>	<p><b>24</b></p> <p>9:00pm Finish the Song 11:00pm Midnight Movie 1:00am Match Game 3:00am Amazing Mazes 5:00am Sunrise Stroll</p>	
<p><b>25</b></p> <p>9:00pm Tic-Tac-Toe 11:00pm Crosswords 1:00am Clock Solitaire 3:00am 20 Questions 5:00am Bible Studies</p>	<p><b>26</b></p> <p>9:00pm Family Stories 11:00pm Midnight Movie 1:00am Crazy 8's 3:00am Journaling 5:00am Early Risers Walking Club</p>	<p><b>27</b></p> <p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Dominoes 3:00am Solitaire 5:00am Sunrise Stroll</p>	<p><b>28</b></p> <p>9:00pm Chicken Foot 11:00pm I Spy 1:00am Basket Toss 3:00am Remember When? 5:00 Chair Stretches</p>	<p><b>29</b></p> <p>9:00pm Reading Chicken Soup for the Soul 11:00pm Phase 10 1:00am Sudoku 3:00am Pictionary 5:00 Sunrise Stroll</p>			

**All programs will be facilitated upon request by the Nursing Staff. Any questions you have may be directed to Shelli in Activities.**