

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

Northshore Heights Senior Living - Memory Care Activities

				<p>10:00 Devotions w/ Ron & Friends - DR 10:30 Wii Games - DR 2:00 Black History Month Trivia 3:00 Black History Month Craft (Paper Quilts) - DR 3:30 Stay Hydrated! - DR 6:30 Nightly News - LR</p>	<p>2 9:30 Sit Fit w/ Britt - DR 10:00 Noodle Ball - DR 11:00 Groundhog Day Trivia-DR 2:00 Happy Hour & Music w/ Kim Frasch - MDR 6:30 Friday Night Movie: Groundhog Day - LR</p> <p style="text-align: center;">Groundhog Day</p>	<p>3 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>
<p>4 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>	<p>5 10:00 Ring Toss Game - DR 11:00 What's in the Picture – DR 2:00 January Facts – DR 2:30 Name That Tune - DR 3:30 Belly Up to the Bar & Love Jokes - DR 6:30 Monday Night Movie - LR</p>	<p>6 9:45 Devotions – LR 10:30 GLAMOUR HOUR - DR 11:00 Hymn Singing - DR 2:00 Music w/Steve Carr – DR 3:00 Chinese New Year Bingo-DR 3:30 Hydration & February Facts- DR 6:30 Nightly News - LR</p>	<p>7 10:00 Catholic Service – LR 10:30 Parachute Games - DR 1:30 2:00 Bible Study w/ Ed – DR 2:30 Sounds of the Season - DR 3:00 Love Craft w/Kasha from UT Home Health - DR 4:00 Winter Coloring - DR 6:30 Game Shows - LR</p>	<p>8 10:00 Devotions w/ Ron & Friends - DR 11:00 Putt Putt - DR 1:30 ArmChair Travel to France 2:00 France Facts - DR 3:00 Virtual Travel & French Snacks - DR 6:30 Nightly News - LR</p>	<p>9 9:30 Sit Fit w/ Britt - DR 10:00 Chinese New Year Fortune Cookie Making – DR 11:00 Chinese New Year: What's Your Chinese Name? 2:00 Super Bowl Pre-Game Tailgate Happy Hour - MDR 6:30 Friday Night Movie - LR</p>	<p>10 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p> <p style="text-align: center;">Chinese New Year (Year of the Dragon)</p>
<p>11 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:30 Super Bowl Sunday: SF 49ers vs. KC Chiefs – DR 7:00 60 Minutes – LR</p>	<p>12 9:00 Early Voting with Knox County Elections – AR 10:00 Dino Bowling - DR 11:00 Train Your Brain – DR 12:00 Special Valentines Lunch for All – DR 2:00 Valentine's Bingo - DR 3:00 Finish the Love Song - DR 3:30 Hot Cocoa Cart - DR</p>	<p>13 9:45 Devotions – LR 10:30 GLAMOUR HOUR - DR 11:00 Hymn Singing - DR 2:00 Mardi Gras Masquerade w/Music by Cliff Jestice – DR 3:00 Mardi Gras Masks - DR 3:30 Winter Hydration - DR 6:30 Nightly News - LR</p> <p style="text-align: center;">Mardi Gras</p>	<p>14 10:00 Catholic Service – LR 10:30 Parachute Games - DR 1:30 Bible Study w/ Mark - DR 2:00 Love is in the Air Valentines Day Party – MDR 3:00 Winter Puzzles - DR 6:30 Game Shows - LR</p> <p style="text-align: center;">Valentine's Day</p>	<p>15 10:00 Devotions w/ Ron & Friends - DR 10:30 Carol Burnett Show - DR 2:00 Thirsty Thursday - MDR 3:00 Afternoon Snacks – DR 3:30 Sounds of the Season-DR 6:30 Nightly News - LR</p>	<p>16 9:30 Sit Fit w/ Britt - DR 10:00 Noodle Ball - DR 11:00 Music Bingo - DR 2:00 Happy Hour & Music w/ Jerry – MDR 6:30 Friday Night Movie - LR</p>	<p>17 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>
<p>18 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>	<p>19 10:00 Corn Hole - DR 11:00 President's Day Bingo-DR 2:00 Bus Trip to the Girl Scout Museum – FE 3:00 Hydration Station - DR 6:30 Monday Night Movie - LR</p> <p style="text-align: center;">Presidents' Day</p>	<p>20 9:45 Devotions – LR 10:30 GLAMOUR HOUR - DR 11:00 Hymn Singing - DR 2:00 Root Beer Float Social-MDR 3:00 Group Dragon Craft - DR 3:30 Winter Hydration - DR 6:30 Nightly News - LR</p>	<p>21 10:00 Catholic Service – LR 10:30 Parachute Games - DR 1:30 Sounds of the Season - DR 2:00 Bible Study w/ Ed – DR 2:30 Wine Down Wednesday-MDR 3:00 Hydration Station - DR 4:00 Winter Coloring - DR 6:30 Game Shows - LR</p>	<p>22 10:00 Devotions w/ Ron & Friends - DR 11:00 Putt Putt – DR 2:00 Monthly Birthday Party w/Music by The Truflyers-MDR 3:00 Black History Month Bingo-DR 3:30 Making Music -DR 3:30 Satisfy Your Tastebuds</p>	<p>23 9:30 Sit Fit w/ Britt - DR 10:30 Lunch Around Town at Cheddars – FE 2:00 Happy Hour – MDR 3:00 Junk Drawer Detective 6:30 Friday Night Movie - LR</p>	<p>24 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>
<p>25 9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>	<p>26 10:00 Bowling - DR 11:00 Devotions w/ Amanda from Caris – DR 2:00 Chinese New Year Zodiac Memory Game - DR 2:30 Making Music - DR 3:00 Afternoon Snack - DR 6:30 Monday Night Movie - LR</p>	<p>27 9:45 Devotions – LR 10:30 GLAMOUR HOUR - DR 11:00 Hymn Singing - DR 2:00 Twisted Tuesday – MDR 3:00 Folding Socks Game - Dr 3:30 Winter Hydration - DR 6:30 Nightly News - LR</p>	<p>28 10:00 Catholic Service – LR 10:30 Parachute Games - DR 1:30 Sounds of the Season - DR 2:30 Bible Study w/ Mark - DR 3:00 Winter Animals Craft - DR 4:00 Winter Puzzles - DR 6:30 Game Shows - LR</p>	<p>29 10:00 Devotions w/ Ron & Friends - DR 11:00 Putt Putt - DR 2:00 Music w/Fedda & The Ladies – MDR 3:00 Afternoon Snack & Hydration – DR 3:30 Reading Circle – LR 6:30 Nightly News - LR</p>	<p style="text-align: center;">Room Location Codes: LR – Living Room DR = Dining Room MDR – Main Dining Room FE = Front Entrance BP – Back Patio</p>	