

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Northshore Heights Senior Living Night Owl Activities

						<p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Monopoly 3:00am Zig Zag Word Game 5:00am TV Land</p> <p style="text-align: right;">1</p>	<p>9:00pm Family Feud 11:00pm Blackjack 1:00am Match Game 3:00am Dot-to-Dot 5:00am Early Risers Walking Club</p> <p style="text-align: right;">2</p>
<p>9:00pm Current Events 11:00pm Midnight Movie 1:00am Go Fish 3:00am Trivia 5:00am Bible Studies</p> <p style="text-align: right;">3</p>	<p>9:00pm Tea & Hand Massage 11:00pm Word Search 1:00am Name 5 3:00am Spelling Bee 5:00am Chair Stretches</p> <p style="text-align: right;">4</p>	<p>9:00pm Listening to Music 11:00pm Checkers 1:00am Puzzles 3:00am Rummy Hour 5:00am TV Land</p> <p style="text-align: right;">5</p>	<p>9:00pm Spelling Bee 11:00pm Midnight Movie 1:00am Poetry Reading 3:00am Rook 5:00 Early Risers Walking Club</p> <p style="text-align: right;">6</p>	<p>9:00pm Reading Chicken Soup for the Soul 11:00pm Phase 10 1:00am Sudoku 3:00am Pictionary 5:00 Sunrise Stroll</p> <p style="text-align: right;">7</p>	<p>9:00pm Relaxing Music 11:00pm Brain Teasers 1:00am Pyramid Solitaire 3:00am Adult Coloring 5:00am Chair Stretches</p> <p style="text-align: right;">8</p>	<p>9:00pm Finish the Song 11:00pm Midnight Movie 1:00am Match Game 3:00am Amazing Mazes 5:00am Sunrise Stroll</p> <p style="text-align: right;">9</p>	
<p>9:00pm Tic-Tac-Toe 11:00pm Crosswords 1:00am Clock Solitaire 3:00am 20 Questions 5:00am Bible Studies</p> <p style="text-align: right;">10</p>	<p>9:00pm Family Stories 11:00pm Midnight Movie 1:00am Crazy 8's 3:00am Journaling 5:00am Early Risers Walking Club</p> <p style="text-align: right;">11</p>	<p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Dominoes 3:00am Solitaire 5:00am Sunrise Stroll</p> <p style="text-align: right;">12</p>	<p>9:00pm Chicken Foot 11:00pm I Spy 1:00am Basket Toss 3:00am Remember When? 5:00 Chair Stretches</p> <p style="text-align: right;">13</p>	<p>9:00pm Rummikub 11:00pm Midnight Movie 1:00am Yahtzee 3:00am Word Scramble 5:00 Early Risers Walking Club</p> <p style="text-align: right;">14</p>	<p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Monopoly 3:00am Zig Zag Word Game 5:00am TV Land</p> <p style="text-align: right;">15</p>	<p>9:00pm Family Feud 11:00pm Blackjack 1:00am Match Game 3:00am Dot-to-Dot 5:00am Early Risers Walking Club</p> <p style="text-align: right;">16</p>	
<p>9:00pm Current Events 11:00pm Midnight Movie 1:00am Go Fish 3:00am Trivia 5:00am Bible Studies</p> <p style="text-align: right;">17</p>	<p>9:00pm Tea & Hand Massage 11:00pm Word Search 1:00am Name 5 3:00am Spelling Bee 5:00am Chair Stretches</p> <p style="text-align: right;">18</p>	<p>9:00pm Listening to Music 11:00pm Checkers 1:00am Puzzles 3:00am Rummy Hour 5:00am TV Land</p> <p style="text-align: right;">19</p>	<p>9:00pm Spelling Bee 11:00pm Midnight Movie 1:00am Poetry Reading 3:00am Rook 5:00 Early Risers Walking Club</p> <p style="text-align: right;">20</p>	<p>9:00pm Reading Chicken Soup for the Soul 11:00pm Phase 10 1:00am Sudoku 3:00am Pictionary 5:00 Sunrise Stroll</p> <p style="text-align: right;">21</p>	<p>9:00pm Relaxing Music 11:00pm Brain Teasers 1:00am Pyramid Solitaire 3:00am Adult Coloring 5:00am Chair Stretches</p> <p style="text-align: right;">22</p>	<p>9:00pm Finish the Song 11:00pm Midnight Movie 1:00am Match Game 3:00am Amazing Mazes 5:00am Sunrise Stroll</p> <p style="text-align: right;">23</p>	
<p>9:00pm Tic-Tac-Toe 11:00pm Crosswords 1:00am Clock Solitaire 3:00am 20 Questions 5:00am Bible Studies</p> <p style="text-align: right;">24</p>	<p>9:00pm Family Stories 11:00pm Midnight Movie 1:00am Crazy 8's 3:00am Journaling 5:00am Early Risers Walking Club</p> <p style="text-align: right;">25</p>	<p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Dominoes 3:00am Solitaire 5:00am Sunrise Stroll</p> <p style="text-align: right;">26</p>	<p>9:00pm Chicken Foot 11:00pm I Spy 1:00am Basket Toss 3:00am Remember When? 5:00 Chair Stretches</p> <p style="text-align: right;">27</p>	<p>9:00pm Rummikub 11:00pm Midnight Movie 1:00am Yahtzee 3:00am Word Scramble 5:00 Early Risers Walking Club</p> <p style="text-align: right;">28</p>	<p>9:00pm Billiards 11:00pm Midnight Movie 1:00am Monopoly 3:00am Zig Zag Word Game 5:00am TV Land</p> <p style="text-align: right;">29</p>	<p>9:00pm Family Feud 11:00pm Blackjack 1:00am Match Game 3:00am Dot-to-Dot 5:00am Early Risers Walking Club</p> <p style="text-align: right;">30</p>	

All programs will be facilitated upon request by the Nursing Staff. Any questions you have may be directed to Shelli in Activities.