

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Northshore Heights Senior Living – Memory Care Activities

					<p>9:30 Would You Rather – DR 10:00 Walking Club – LR 10:30 Cookie Corner – DR 1:30 Daily Chronicle – DR 2:00 Happy Hour 🥳 – MDR 3:00 Nails Spa – DR 6:30 Nightly News – LR 7:00 Game Shows – LR</p>	<p>9:30 Daily Chronicle – DR 10:00 Garden Stroll – BP 10:30 Balloon Volleyball – LR 2:00 Classic Comedy – LR 3:00 Hydration Cart – DR 3:30 Junk Drawer Detective–DR 7:00 Soothing Evening Music–LR</p>
<p>9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>	<p>3 Happy Labor Day 4  Labor Day</p>	<p>10:00 Devotions – LR 10:30 Chair Dancing – LR 1:30 Daily Chronicle – DR 2:00 Music with Fredda & The Girls -MDR 3:00 Hydration Cart – DR 3:30 Happy Hands – DR 6:30 Nightly News – LR</p>	<p>10:00 Catholic Services – LR 10:30 Seated Exercise – LR 11:30 Daily Chronicle – DR 2:00 Fall Crafts w/Kasha – AR 3:30 Hydration Cart – DR 4:00 Reading Circle – DR 6:30 Nightly News – LR</p>	<p>10:30 MC Rhythm Band – LR 11:00 Bible Studies w/Mark from Amedisys Hospice – AR 1:30 Daily Chronicle – DR 2:00 Music w/Cliff – MDR 3:00 Hydration cart – DR 3:30 Noodle Ball – LR 6:30 Nightly News – LR</p>	<p>9:00 Foot Clinic – Day 1 – AR 10:00 Walking Club – LR 1:30 Daily Chronicle – DR 2:00 Happy Hour 🥳 – MDR 3:00 Sing-along 50's– LR 6:30 Nightly News – LR</p>	<p>9:30 Daily Chronicle – DR 10:00 Garden Stroll – BP 10:30 Balloon Volleyball – LR 2:00 Classic Comedy – LR 3:00 Hydration Cart – DR 3:30 Junk Drawer Detective–DR 7:00 Soothing Evening Music–LR</p>
<p>9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR <small>Grandparents Day</small></p>	<p>9:30 Daily Chronicle – DR 10:00 Visit from Smoky Mountain Service Dogs – LR 1:45 Movie Matinee – LR 3:00 Hydration Cart – DR 3:30 TV Land – LR 6:30 Nightly News – LR 'MURICA MONDAY Wear Red, White, and Blue</p>	<p>10:00 Devotions – LR 10:30 Chair Dancing – LR 1:30 Daily Chronicle – DR 2:00 Kona Shaved Ice Truck from UT Home Health – FE 3:00 Hydration Cart – DR 3:30 Happy Hands – DR 6:30 Nightly News – LR TROPICAL TUESDAY Wear Hawaiian or Beach Attire</p>	<p>10:00 Catholic Services – LR 10:30 Seated Exercise – LR 11:30 Daily Chronicle – DR 2:00 Tie Dye Craft for Throwback Thursday - AR 3:30 Hydration Cart – DR 4:00 Reading Circle – DR 6:30 Nightly News – LR WACKY WEDNESDAY Wear a Wacky Outfit</p>	<p>10:30 MC Rhythm Band – LR 11:00 Bible Studies w/Mark from Amedisys Hospice – AR 1:30 Daily Chronicle – DR 2:00 UT Gardens – AR 3:00 Hydration cart – DR 3:30 Noodle Ball – LR 6:30 Nightly News – LR THROWBACK THURSDAY Wear YOUR Favorite Decade</p>	<p>9:00 Foot Clinic – Day 2 – AR 10:00 Walking Club – LR 1:30 Daily Chronicle – DR 2:00 Happy Hour 🥳 – MDR 3:00 Sing-along 60's – LR 6:30 Nightly News – LR 7:00 Game Shows – LR FOOTBALL FRIDAY Wear Your Favorite Team <small>Rosh Hashanah Begins</small></p>	<p>9:30 Daily Chronicle – DR 10:00 Garden Stroll – BP 10:30 Balloon Volleyball – LR 2:00 Classic Comedy – LR 3:00 Hydration Cart – DR 3:30 Junk Drawer Detective–DR 7:00 Soothing Evening Music–LR <small>Oktoberfest Begins</small></p>
<p>9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR</p>	<p>9:30 Daily Chronicle – DR 10:00 Visit from Smoky Mountain Service Dogs – LR 1:45 Movie Matinee – LR 3:00 Hydration Cart – DR 3:30 TV Land – LR 6:30 Nightly News – LR</p>	<p>10:00 Devotions – LR 10:30 Chair Dancing – LR 1:30 Daily Chronicle – DR 2:00 Button Monogram Craft–AR 3:00 Hydration Cart – DR 3:30 Happy Hands – DR 6:30 Nightly News – LR</p>	<p>10:00 Catholic Services – LR 10:30 Seated Exercise – LR 11:30 Daily Chronicle – DR 2:30 Bus Trip to Bruster's for Ice Cream – FE 3:30 Hydration Cart – DR 4:00 Reading Circle – DR 6:30 Nightly News – LR</p>	<p>10:30 MC Rhythm Band – LR 11:00 Bible Studies w/Mark from Amedisys Hospice – AR 1:30 Daily Chronicle – DR 2:00 Monthly Birthday Party with Music by Danny James – DR 3:30 Noodle Ball – LR 6:30 Nightly News – LR</p>	<p>9:30 Word Search – DR 10:00 Walking Club – LR 10:30 Lunch Around Town at Copper Cellar - FE 1:30 Daily Chronicle – DR 2:00 Happy Hour 🥳 – MDR 3:00 Sing-along 70's – LR 6:30 Nightly News – LR 7:00 Game Shows – LR</p>	<p>9:30 Daily Chronicle – DR 10:00 Garden Stroll – BP 10:30 Balloon Volleyball – LR 2:00 Classic Comedy – LR 3:00 Hydration Cart – DR 3:30 Junk Drawer Detective–DR 7:00 Soothing Evening Music–LR <small>Autumn Begins</small></p>
<p>9:30 Daily Chronicle – DR 10:00 Sunday Stroll -LR 10:30 Amazing Maze – DR 2:00 Hydration Cart – DR 2:30 Color Me Happy – DR 3:30 Hallmark – LR 6:00 Music Hour – LR 7:00 60 Minutes – LR <small>Yom Kippur Begins</small></p>	<p>9:30 Daily Chronicle – DR 10:00 Visit from Smoky Mountain Service Dogs – LR 1:45 Movie Matinee – LR 3:00 Hydration Cart – DR 3:30 TV Land – LR 6:30 Nightly News – LR</p>	<p>10:00 Devotions – LR 10:30 Chair Dancing – LR 1:30 Daily Chronicle – DR 2:00 New Resident Social with Music by Frank & Friends – MDR 3:00 Hydration Cart – DR 3:30 Happy Hands – DR 6:30 Nightly News – LR</p>	<p>10:00 Catholic Services – LR 10:30 Seated Exercise – LR 11:30 Daily Chronicle – DR 2:00 Rhythm Band with Rise Tucker – AR 3:30 Hydration Cart – DR 4:00 Reading Circle – DR 6:30 Nightly News – LR</p>	<p>10:30 MC Rhythm Band – LR 11:00 Bible Studies w/Mark from Amedisys Hospice – AR 1:30 Daily Chronicle – DR 2:00 I Scream, You Scream, We All Scream for Ice Cream – DR 3:00 Hydration cart – DR 3:30 Noodle Ball – LR 6:30 Nightly News – LR</p>	<p>9:30 Would You Rather – DR 10:00 Walking Club – LR 10:30 Men's Group – AR 1:30 Daily Chronicle – DR 2:00 Happy Hour 🥳 – MDR 3:00 Nails Spa – DR 6:30 Nightly News – LR 7:00 Game Shows – LR <small>Sukkot Begins</small></p>	<p>9:30 Daily Chronicle – DR 10:00 Garden Stroll – BP 10:30 Balloon Volleyball – LR 2:00 Classic Comedy – LR 3:00 Hydration Cart – DR 3:30 Junk Drawer Detective–DR 7:00 Soothing Evening Music–LR</p>