

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Northshore Heights Senior Living - Assisted Living Activities

					<p>10:00 Cranium Crunch – LB 10:30 September Crafts with Phyllis–AR 2:00 Happy Hour – DR 2:30 Trivia – DR 3:00 Music & Mingle – DR 6:30 Poker Night – IA</p>	<p>2 9:00 Morning News – DR 10:00 Sudoku – IA 12:00 VOLS vs. Virginia – DR 2:00 Activity Packet – IA 3:30 Puzzles – IA 6:00 Nightly News – DR 7:00 Billiards – IA</p>
<p>3 9:00 Morning News – DR 10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 3:00 Games in the AR – IA 6:00 Activity Packets – IA 7:00 60 Minutes – DR</p>	<p>Happy Labor Day! 4  Labor Day</p>	<p>5 10:00 Word Search – LB 10:30 Walking Club – IA 11:00 Devotions w/AD from Smoky Mountain Hospice – AR 1:00 Board Games – LB 2:00 Music with Fredda & The Girls - DR 3:30 Bingo w/Deirdre – AR 7:00 Game Shows – DR</p>	<p>6 10:00 Coffee & Chronicles – DR 10:30 Catholic Service – AR 10:45 Sit Fit w/Bob from UT Home Health – AR 2:00 Fall Crafts w/Kasha – AR 3:30 Activity Packet – LB 6:30 Nightly News – DR</p>	<p>7 10:00 Crosswords – LB 10:30 Zumba w/Lisa – AR 11:00 Bible Studies w/Mark from Amedisys Hospice – AR 2:00 Music w/Cliff Justice – DR 3:30 Bingo with Deirdre – AR 7:00 Game Shows – DR</p>	<p>8 9:00 Foot Clinic – Day 1 – AR 10:00 Cranium Crunch – LB 2:00 Happy Hour – DR 2:30 Trivia – DR 3:00 Music & Mingle – DR 6:30 Poker Night – IA</p>	<p>9 9:00 Morning News – DR 10:00 Sudoku – IA 10:30 Walking Club - IA 2:00 Activity Packet – IA 3:30 Puzzles – IA 5:00 VOLS vs. Auston Peay – DR 6:00 Nightly News – DR 7:00 Billiards – IA</p>
<p>10 9:00 Morning News – DR 10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 3:00 Games in the AR – IA 6:00 Activity Packets – IA 7:00 60 Minutes – DR</p> <p>Grandparents Day</p>	<p>11 10:00 PATCH Categories – LB 10:30 Balloon Volleyball – AR 11:30 Meet Me in Milan – AR 1:45 Movie Matinee – AR 2:00 Shopping at Walmart – FE 3:30 Creative Coloring – LB 6:30 Nightly News – DR</p> <p>'MURICA MONDAY Wear Red, White, and Blue</p>	<p>12 10:00 Word Search – LB 10:30 Fun Fitness w/Sandy – AR 11:00 Devotions w/AD from Smoky Mountain Hospice – AR 1:00 Board Games – LB 2:00 Kona Shaved Ice Truck from UT Home Health – FE 3:30 Bingo – AR</p> <p>TROPICAL TUESDAY Wear Hawaiian or Beach Attire</p>	<p>13 10:30 Catholic Service – AR 10:45 Sit Fit w/Bob from UT Home Health – AR 12:00 Catered Lunch from Buddy's BBQ – DR 2:00 Tie Dye Craft for Throwback Thursday - AR 3:30 Bunco – AR</p> <p>WACKY WEDNESDAY Wear a Wacky Outfit</p>	<p>14 10:00 Crosswords – LB 10:30 In the Kitchen: No Bake Oreo Truffles – AR 11:30 September Fun Facts – AR 2:00 UT Gardens – AR 3:30 Bingo – AR 7:00 Game Shows – DR</p> <p>THROWBACK THURSDAY Wear YOUR Favorite Decade</p>	<p>15 9:00 Foot Clinic – Day 2 – AR 10:00 Cranium Crunch – LB 2:00 Happy Hour – DR 2:30 Trivia – DR 3:00 Music & Mingle – DR 6:30 Poker Night – IA</p> <p>FOOTBALL FRIDAY Wear Your Favorite Team</p> <p>Rosh Hashanah Begins</p>	<p>16 9:00 Morning News – DR 10:00 Sudoku – IA 10:30 Walking Club - IA 2:00 Activity Packet – IA 3:30 Puzzles – IA 6:00 Nightly News – DR 7:00 VOLS vs. Florida – DR</p> <p>Oktoberfest Begins</p>
<p>17 9:00 Morning News – DR 10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 3:00 Games in the AR – IA 6:00 Activity Packets – IA 7:00 60 Minutes – DR</p>	<p>18 10:00 Sew Mixed Up – LB 10:30 Balloon Volleyball – AR 11:30 Table Talk Tidbits – AR 1:45 Movie Matinee – AR 2:00 Shopping at Dollar Tree – FE 3:30 Creative Coloring – LB 6:30 Nightly News – DR</p>	<p>19 10:00 Word Search – LB 10:30 Chair Yoga – AR 11:00 Devotions w/AD from Smoky Mountain Hospice – AR 1:00 Board Games – LB 2:00 Button Monogram Craft–AR 3:30 Bingo – AR 7:00 Game Shows – DR</p>	<p>20 10:00 Coffee & Chronicles – DR 10:30 Catholic Service – AR 10:45 Sit Fit w/Bob from UT Home Health – AR 1:15 Resident Council & Food Committee – AR 2:30 Bus Trip to Brusters for Ice Cream – FE 6:30 Nightly News – DR</p>	<p>21 10:00 Crosswords – LB 10:30 Zumba w/Lisa 11:00 Bible Studies w/Mark from Amedisys Hospice – AR 11:30 Famous Sept. Birthdays – AR 2:00 Monthly Birthday Party with Music by Danny James – DR 3:30 Bingo – AR 7:00 Game Shows – DR</p>	<p>22 10:00 Cranium Crunch – LB 10:30 Lunch Around Town at Copper Cellar - FE 2:00 Happy Hour – DR 2:30 Trivia – DR 3:00 Music & Mingle – DR 6:30 Poker Night – IA</p>	<p>23 9:00 Morning News – DR 10:00 Sudoku – IA 10:30 Walking Club - IA 2:00 Activity Packet – IA 3:30 Puzzles – IA 6:00 Nightly News – DR 7:00 Billiards – IA TBA VOLS vs. UTSA – DR</p> <p>Autumn Begins</p>
<p>24 9:00 Morning News – DR 10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 3:00 Games in the AR – IA 6:00 Activity Packets – IA 7:00 60 Minutes – DR</p> <p>Yom Kippur Begins</p>	<p>25 10:00 Autumn Message – LB 10:30 Devotions w/Amanda from Caris Hospice – AR 11:00 Jeopardy – AR 1:45 Movie Matinee – AR 2:00 Shopping at Target – FE 3:30 Creative Coloring – LB 6:30 Nightly News – DR</p>	<p>26 10:00 Word Search – LB 10:30 Fun Fitness w/Sandy – AR 11:00 Devotions w/AD from Smoky Mountain Hospice – AR 1:00 Board Games – LB 2:00 New Resident Social with Music by Frank & Friends – DR 3:30 Bingo – AR 7:00 Game Shows – DR</p>	<p>27 10:00 Coffee & Chronicles – DR 10:30 Catholic Service – AR 10:45 Sit Fit w/Bob from UT Home Health – AR 11:15 Who. What, Where? – AR 2:00 Rhythm Band with Rise Tucker – AR 3:30 Simple Ceramics - AR 6:30 Nightly News – DR</p>	<p>28 10:00 Crosswords – LB 10:30 Sittercise – AR 11:00 Bible Studies w/Mark from Amedisys Hospice – AR 11:30 Wacky Wordies – AR 2:00 I Scream, You Scream, We All Scream for Ice Cream – DR 3:30 Bingo – AR 7:00 Game Shows – DR</p>	<p>29 10:00 Cranium Crunch: Concentration – LB 10:30 Men's Group – AR 2:00 Happy Hour – DR 2:30 Trivia – DR 3:00 Music & Mingle – DR 6:30 Poker Night – IA</p> <p>Sukkot Begins</p>	<p>30 9:00 Morning News – DR 10:00 Sudoku – IA 10:30 Walking Club - IA 2:00 Activity Packet – IA 3:30 Puzzles – IA 6:00 Nightly News – DR 7:00 Billiards – IA TBA VOLS vs. S. Carolina – DR</p>