

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Room Location Codes:
AR = Activity Room
DR = Dining Room
FE = Front Entrance
IA – Independent Activity



<p>10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 3:00 Games in the AR – IA 7:00 60 Minutes – DR</p>	<p>10:30 Balloon Volleyball – AR 1:45 Movie Matinee – AR 2:00 Bus Trip Shopping at Walmart – FE 6:30 Nightly News – DR 7:00 Lady Vols vs. MS State – DR</p>	<p>10:30 Catholic Service – AR 10:45 Sit Fit w/Bob with UT Home Health – AR 2:00 Fun w/Brandie w/Mac's Pharmacy – AR 3:30 Tenzi – AR 6:30 Nightly News - AR</p>	<p>10:30 Zumba w/Lisa – AR 11:00 Devotions w/AD w/Smoky Mtn. Hospice – AR 2:00 Bingo w/Ronda w/Westmoreland – AR 3:30 Mini Golf Card Game-AR 6:30 Lady Vols vs. Mississippi-DR <small>Groundhog Day</small></p>	<p>10:30 Family Feud - AR 2:00 Happy Hour – DR 3:00 Friday Sing-A-Long–DR 6:30 Poker Night – IA</p>	<p>BIRTHDAY – John T. 9:00 Morning News – DR 10:30 Walking Club - IA 2:00 Bingo – AR 3:30 Puzzles – IA 7:00 Billiards – IA</p>
<p>10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 3:00 Games in the AR – IA 7:00 60 Minutes – DR</p>	<p>10:30 Fun Fitness w/Sandy - AR 11:00 Bible Studies w/Mark w/Amedisys Hospice – AR 2:00 Crafts w/Kimberly with Caris Hospice – AR 7:00 Game Shows - DR</p>	<p>9:00 Foot Clinic Day 1 - AR 2:00 Gardening w/UT Gardens – AR 3:30 Ticket Roll – AR 6:30 Nightly News - DR</p>	<p>9:00 Foot Clinic Day 2 - AR 2:00 Stained Glass Hearts Craft – AR 3:30 Bingo – AR 7:00 Game Shows - DR</p>	<p>10:30 Valentine's Door Signs w/Phyllis – AR 2:00 Super Bowl Pre-Game Tailgate – DR 3:00 Friday Sing-A-Long–DR 6:30 Poker Night – IA</p>	<p>9:00 Morning News – DR 10:30 Walking Club - IA 2:00 Bingo – AR 3:30 Puzzles – IA 7:00 Billiards – IA</p>
<p>10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 6:30 Super Bowl Sunday: KC Chiefs vs. Philly Eagles – DR</p>	<p>BIRTHDAY – Julia C. 10:30 Balloon Volleyball – AR 1:45 Movie Matinee – AR 2:00 Bus Trip Shopping at Kroger – FE 6:30 Nightly News – DR</p>	<p>10:30 Fun Fitness w/Sandy - AR 11:00 Bible Studies w/Mark w/Amedisys Hospice – AR 12:00 Valentine's Day Lunch - DR 2:00 Making Chocolate Dipped Strawberries – AR 3:30 Valentine's Day Bingo <small>Valentine's Day</small></p>	<p>10:30 Catholic Service – AR 10:45 Sit Fit w/Bob with UT Home Health – AR 1:15 Resident Council & Food Committee – AR 2:30 Root Beer Floats – DR 6:30 Nightly News – DR</p>	<p>10:30 Sittercise – AR 11:00 Devotions w/AD w/Smoky Mtn. Hospice – AR 2:00 Music with Rob Murdock – DR 3:30 Bingo – AR 7:00 Lady Vols vs. Arkansas - DR</p>	<p>10:30 Lunch Around Town at Corner 16 – FE 2:00 Happy Hour – DR 3:00 Friday Sing-A-Long–DR 6:30 Poker Night – IA</p>
<p>10:30 Coffee & Chat with Friends – IA 12:00 Lady Vols vs. Auburn – DR 2:00 Temple Baptist Church Service – AR 3:00 Games in the AR – IA 7:00 60 Minutes – DR</p>	<p>10:30 Balloon Volleyball – AR 2:00 Music with Mitch & John – DR 3:30 Sip & Paint - AR 6:30 Nightly News – DR <small>Presidents' Day</small></p>	<p>10:30 Fun Fitness w/Sandy - AR 11:00 Bible Studies w/Mark w/Amedisys Hospice – AR 2:00 Arts & Crafts: Mardi Gras Mask's – AR 7:00 Game Shows – DR <small>Mardi Gras</small></p>	<p>10:30 Catholic Service – AR 10:45 Sit Fit w/Bob with UT Home Health – AR 2:00 Rhythm Band with Rise Tucker – AR 6:30 Nightly News – DR <small>Ash Wednesday</small></p>	<p>10:30 Zumba w/Lisa – AR 11:00 Devotions w/AD w/Smoky Mtn. Hospice – AR 2:00 Monthly Birthday Party for All February B-Day's-AR 3:30 Bingo – AR 7:00 Lady Vols vs. S. Carolina – DR</p>	<p>10:30 Bunco - AR 2:00 Happy Hour – DR 3:00 Friday Sing-A-Long–DR 6:30 Poker Night – IA</p>
<p>BIRTHDAY – Elizabeth P 10:30 Coffee & Chat with Friends – IA 2:00 Temple Baptist Church Service – AR 2:00 Lady Vols vs. Kentucky – DR 3:00 Games in the AR – IA 7:00 60 Minutes – DR</p>	<p>BIRTHDAY – Eleanor J And Patty P. 10:30 Devotions with Amanda With Caris Hospice – AR 1:45 Movie Matinee – AR 2:00 Bus Trip Shopping at Target or Publix – FE 6:30 Nightly News - DR</p>	<p>10:30 Fun Fitness w/Sandy - AR 11:00 Bible Studies w/Mark w/Amedisys Hospice – AR 2:00 Music with Frank & Friends – DR 7:00 Game Shows – DR</p>	<h1>February 2023</h1> <p><i>Northshore Heights Senior Living - Assisted Living Activities</i></p>		