


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Location Codes: MC = Memory Care AR = Activity Room DR = Main Dining Room FE = Front Entrance PDR = Private Dining Room</p>		<p>1 10:30 Fun Fitness w/Sandy-AR 11:00 Devotions w/David-AR 2:00 Music w/Danny – DR 3:00 Chili Fundraising Dinner with Alzheimer’s Tennessee – DR 7:00 Game Shows - MC</p>	<p>2 10:30 Catholic Service – AR 11:00 Sit Fit w/Bob with UT Home Health – AR 2:00 Games in the AR – Residents Choice – AR 3:30 Visit from Henry w/HABIT - MC 6:30 Nightly News - DR</p>	<p>3 10:30 Sittercise w/Johnny w/Intrepid Home Health - AR 11:00 Devotions w/A.D. with Smoky Mountain Hospice-AR 2:00 Bingo w/Ronda with Westmoreland – AR 3:30 Puzzles - MC 7:00 Game Shows – MC</p>	<p>4 10:30 Music Hour – MC 2:30 Football Friday Tailgate Happy Hour – DR 3:30 Junk Drawer Detectives - MC 6:30 Nightly News - MC</p>	<p>5 9:00 Morning News – MC 10:30 Fancy Folding - MC 2:30 Word Games - MC 3:30 Puzzles – MC</p>
<p>6 9:00 Morning News - MC 2:30 Hymn Sing-A-Long-MC 3:30 Walking Club - MC 7:00 60 Minutes - MC</p> <p>Daylight Saving Time Ends</p>	<p>7 10:30 Movin & Groovin’ Fitness – AR 11:00 Devotions w/Nate with Smoky Mountain Hospice-AR 1:30 Music w/The Golden Heirs Choir – DR 3:00 Creative Coloring - MC 6:30 Nightly News - MC</p>	<p>8 10:30 Fun Fitness w/Sandy-AR 11:00 Devotions - AR 2:00 Thanksgiving Crafts w/Phyllis – AR 3:30 Happy Hands - MC 7:00 Game Shows – MC</p>	<p>9 10:30 Catholic Service – AR 11:00 Sit Fit w/Bob with UT Home Health – AR 2:00 Garden Crafts w/UT Gardens – AR 3:30 Ticket Roll – AR 6:30 Nightly News - AR</p>	<p>10 10:30 Sittercise w/Johnny w/Intrepid Home Health - AR 11:00 Devotions w/A.D. with Smoky Mountain Hospice-AR 2:00 Veteran’s Presentation by Mark w/Amedisys – AR 3:30 Bingo – AR 7:00 Game Shows – MC</p>	<p>11 10:30 Music Hour – MC 2:30 Football Friday Tailgate Happy Hour – DR 3:30 Junk Drawer Detectives - MC 6:30 Nightly News - MC</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>12 9:00 Morning News – MC 10:30 Reminiscing - MC 2:30 Picture Stitching - MC 3:30 Puzzles – MC</p>
<p>13 9:00 Morning News - MC 2:30 Hymn Sing-A-Long-MC 3:30 Walking Club - MC 7:00 60 Minutes - MC</p>	<p>14 10:30 Balloon Volleyball – AR 2:00 Ball Toss – MC 3:00 Creative Coloring - MC 6:30 Nightly News - MC</p>	<p>15 10:30 Fun Fitness w/Sandy-AR 11:00 Devotions - AR 2:00 Cocoa & Cookies w/Mark w/Amedisys Hospice – DR 3:30 Thankful Quilt – AR 7:00 Game Shows - MC</p>	<p>16 10:30 Catholic Service – AR 11:00 Sit Fit w/Bob with UT Home Health – AR 2:30 Music w/The Tennessee Jewels – DR 3:30 Visit from Henry w/HABIT - MC 6:30 Nightly News - DR</p>	<p>17 10:30 Sittercise w/Johnny w/Intrepid Home Health - AR 11:00 Devotions w/A.D. with Smoky Mountain Hospice-AR 2:00 Monthly Birthday Party for All Nov. B-Day’s – DR 3:30 Bingo – AR 7:00 Game Shows – DR</p>	<p>18 BIRTHDAY – Bill S. 10:30 Music Hour – MC 2:30 Football Friday Tailgate Happy Hour – DR 3:30 Junk Drawer Detectives - MC 6:30 Nightly News - MC</p>	<p>19 9:00 Morning News – MC 10:30 Fancy Folding - MC 2:30 Word Games - MC 3:30 Puzzles – MC</p>
<p>BIRTHDAY – Tom. S. 20 9:00 Morning News - MC 2:30 Hymn Sing-A-Long-MC 3:30 Walking Club - MC 7:00 60 Minutes - MC</p>	<p>BIRTHDAY – Gin E. 21 10:30 Zumba w/Kim – AR 11:00 Devotions - AR 2:00 Music with Marc Beecher - DR 3:30 Thanksgiving Bingo-AR 6:30 Nightly News - MC</p>	<p>22 10:30 Fun Fitness w/Sandy-AR 11:00 Turkey Day Family Feud - AR 2:00 Crafts w/Kimberly w/Caris Hospice – AR 3:30 Turkey Toss – AR 7:00 Game Shows - MC</p>	<p>23 10:30 Catholic Service – AR 11:00 Sit Fit w/Bob with UT Home Health – AR 1:30 Bus Trip to Fantasy of Trees – FE 3:30 Visit from Henry w/HABIT - MC 6:30 Nightly News - MC</p>	<p>BIRTHDAY – Betty L. 24</p>  <p>Thanksgiving Day (US)</p>	<p>25 10:30 Music Hour – MC 2:30 Football Friday Tailgate Happy Hour – DR 3:30 Junk Drawer Detectives - MC 6:30 Nightly News - MC</p>	<p>26 9:00 Morning News – MC 10:30 Reminiscing - MC 2:30 Picture Stitching - MC 3:30 Puzzles – MC</p>
<p>27 9:00 Morning News - MC 2:30 Hymn Sing-A-Long-MC 3:30 Walking Club - MC 7:00 60 Minutes - MC</p>	<p>BIRTHDAY – Marnie P. 28 10:30 Devotions w/Amanda with Caris Hospice – AR 11:00 Balloon Volleyball - AR 2:00 Bobby’s Southern Chocolate Balls – AR 6:30 Nightly News – MC</p>	<p>29 9:00 Foot Clinic, Day 1 – AR 2:00 Music w/Frank & Friends – DR 3:00 Christmas Tree Decorating – DR 7:00 Game Shows - MC</p>	<p>30 9:00 Foot Clinic, Day 2 - AR 10:30 Catholic Service – PDR 2:00 Rhythm Band w/Rise Tucker – AR 3:30 Visit from Henry w/HABIT - MC 6:30 Nightly News – MC</p>	<h1>November 2022</h1> <p><i>Northshore Heights Senior Living Memory Care Activities</i></p>		