

Northshore Heights Senior Living - Memory Care Activity Calendar

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BIRTHDAY - Betty B. 1 10:30 Monday Movin' & Groovin' - AR 11:00 Devotions w/Nate - AR 2:30 Ball Toss - MC 3:30 Creative Coloring - AR 6:30 Nightly News - MC	2 10:30 Devotions w/David-AR 11:00 Fun Fitness w/Sandy-AR 2:00 Music w/Danny - DR 3:00 National Ice Cream Sandwich Day - DR	3 10:30 Catholic Service - AR 11:00 Sit Fit with UT Home Health - AR 2:30 Visit from Henry w/HABIT-MC 3:30 Parachute Fun w/Mac's-MC	4 10:30 Sittercise w/Intrepid - AR 11:00 Devotions w/AD - DR 2:00 Lucky Pennies - AR 3:30 Bingo - AR 7:00 Game Shows	5 10:30 Summer Craft w/Phyllis-AR 11:00 Visit from Bo w/HABIT-MC 2:30 Happy Hour - MC 3:30 Junk Drawer Detectives - MC 6:30 Nightly News - MC	6 9:00 Morning News - MC 10:30 Fancy Folding - MC 2:30 Word Games - MC 3:30 Puzzles - MC
7 9:00 Morning News - MC 2:30 Hymn Sing-A-Long - MC 3:30 Walking Club - MC 7:00 60 Minutes - MC	8 10:30 Frames of Reflections: The American Southwest - AR 2:30 Basket Toss - MC 3:30 Creative Coloring - AR 6:30 Nightly News - MC	9 10:30 Devotions w/David-AR 11:00 Fun Fitness w/Sandy-AR 2:00 Ice Cream Social - DR 3:30 Happy Hands - MC 7:00 Game Shows - MC	10 10:30 Catholic Service - AR 11:00 Sit Fit with UT Home Health - AR 2:00 Gardening w/UT Gardens-AR 3:30 Visit from Henry w/HABIT-MC	11 10:30 Sittercise - AR 11:00 Devotions w/AD - DR 2:00 Water Art - MC 3:30 Bingo - AR 7:00 Game Shows	12 10:30 S.T.A.R. Mini Ponies and Popsicles - BP 11:00 Visit from Bo w/HABIT-MC 2:30 Happy Hour - MC 6:30 Nightly News - MC	13 9:00 Morning News - MC 10:30 Reminiscing - MC 2:30 Picture Stitching - MC 3:30 Puzzles - MC
BIRTHDAY - Cleovonne T. 14 9:00 Morning News - MC 2:30 Hymn Sing-A-Long - MC 3:30 Walking Club - MC 7:00 60 Minutes - MC	15 BIRTHDAY - Carl M. 10:30 Monday Movin' & Groovin' - AR 11:00 Devotions w/Nate - AR 2:00 Music w/Dennis - DR 3:30 Creative Coloring - AR 6:30 Nightly News - MC	16 10:30 Devotions w/David-AR 11:00 Chair Yoga - AR 2:00 Finding Yukon Gold Scavenger Hunt - AR 7:00 Game Shows - DR	17 10:30 Catholic Service - AR 11:00 Sit Fit with UT Home Health - AR 2:30 Visit from Henry w/HABIT-MC 3:30 EZ Does It Trivia - MC	18 10:30 Sittercise - AR 11:00 Devotions w/AD - DR 2:00 Monthly Birthday Party for All August B-Day's - DR 3:30 Bingo - AR	19 10:00 Music Hour - MC 11:00 Visit from Bo w/HABIT-MC 2:30 Happy Hour - MC 3:30 Junk Drawer Detectives - MC 6:30 Nightly News - MC	20 9:00 Morning News - MC 10:30 Fancy Folding - MC 2:30 Word Games - MC 3:30 Puzzles - MC
21 9:00 Morning News - MC 2:30 Hymn Sing-A-Long - MC 3:30 Walking Club - MC 7:00 60 Minutes - MC	22 10:30 Music Hour - MC 2:00 Music w/Fredda - DR 3:00 Mocktail Monday - DR 6:30 Nightly News - MC	23 10:30 Devotions w/David-AR 11:00 Fun Fitness w/Sandy-AR 2:00 Arts & Crafts - AR 3:30 Happy Hands - MC 7:00 Game Shows - MC	24 10:30 Catholic Service - AR 11:00 Sit Fit with UT Home Health - AR 2:00 Rhythm Band w/Rise-AR 3:30 Visit from Henry w/HABIT-MC	25 10:30 Sittercise - AR 11:00 Devotions w/AD - DR 2:00 SnoCones - DR 3:30 Bingo - AR 7:00 Game Shows	26 10:00 Music Hour - MC 11:00 Visit from Bo w/HABIT-MC 2:30 Happy Hour - MC 3:30 Pair Up Game - MC 6:30 Nightly News - MC	27 9:00 Morning News - MC 10:30 Reminiscing - MC 2:30 Picture Stitching - MC 3:30 Puzzles - MC
28 9:00 Morning News - MC 2:30 Hymn Sing-A-Long - MC 3:30 Walking Club - MC 7:00 60 Minutes - MC	29 10:30 Devotions w/Amanda-AR 11:00 Monday Movin' & Groovin'-AR 2:00 Homemade Salsa Demo with Bobby - AR 6:30 Nightly News - MC	BIRTHDAY - Elaine A. 30 10:30 Devotions w/David-AR 11:00 Fun Fitness w/Sandy-AR 2:00 Music w/Frank & Friends-DR 3:30 Happy Hands - MC 7:00 Game Shows - MC	BIRTHDAY - Willa G. 31 10:30 Catholic Service - AR 11:00 Sit Fit with UT Home Health - AR 2:00 Banana Split Social with Amedysis - DR	Room Location Codes: MC = Memory Care AR = Activity Room DR = Main Dining Room BP = Back Patio		