

Northshore Heights Senior Living - Assisted Living Activity Calendar

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-size: 48px; margin: 0;">June 2022</h1>			1 10:30 Catholic Service – AR 11:00 Sit Fit w/Dayna – AR 1:45 Movie Matinee - AR 2:00 Shopping at Walmart - FE 6:30 Nightly News – DR	2 10:30 Sittercise – AR 11:00 Devotions w/AD – DR 2:00 Chicken Foot - AR 3:30 Bingo w/Ronda - AR 7:00 Game Shows	3 10:30 Crafts w/Phyllis - AR 2:00 Happy Hour – DR 3:00 Sing-A-Long w/Tom-DR 6:30 Poker Night – IA	4 9:00 Morning News – DR 10:30 Exercise – AR 2:00 Bingo – DR 3:30 Puzzles – IA 7:00 Billiards - IA
5 10:30 Coffee & Chat with Friends – IA 1:30 Baptist Service – AR 3:00 Activity Packets – IA 6:30 Word Search – IA	6 10:30 Monday Movin' & Groovin'–AR 11:00 Devotions w/Nate - AR 1:45 Movie Matinee – AR 2:00 Shopping at Food City or Dollar Tree - FE 6:30 Nightly News – DR	7 10:30 Devotions w/David-AR 11:00 Fun Fitness w/Sandy-AR 2:00 Music w/Danny - DR 3:30 Uno - AR 7:00 Game Shows – DR	8 10:30 Catholic Service – AR 11:00 Sit Fit w/Dayna – AR 2:00 Gardening w/UT Gardens-AR 3:30 Ticket Roll - AR 6:30 Nightly News – DR	9 10:30 Sittercise – AR 11:00 Devotions w/AD – DR 2:00 Music w/Matt Wahl - DR 3:30 Bingo w/NHC - AR 7:00 Game Shows	10 10:30 Lunch Around Town at Lakeside Tavern - FE 2:00 Happy Hour – DR 3:00 Sing-A-Long w/Tom-DR 6:30 Poker Night – IA	11 9:00 Morning News – DR 10:30 Exercise – AR 2:00 Bingo – DR 3:30 Puzzles – IA 7:00 Billiards - IA
12 10:30 Coffee & Chat with Friends – IA 1:30 Baptist Service – AR 3:00 Activity Packets – IA 6:30 Word Search – IA	13 9:00 Foot Clinic Part 1 - AR 1:30 Golden Heirs Choir - DR 2:15 Movie Matinee - AR 6:30 Nightly News – DR	14 9:00 Foot Clinic Part 2 - AR 2:00 Banana Split Social with Amedisys - DR 3:00 Music w/Karen & Timmy - DR 7:00 Game Shows – DR	15 10:30 Catholic Service – AR 11:00 Sit Fit w/Dayna – AR 1:15 Resident Council & Food Committee - AR 2:15 Bus Trip to Bruster's for Ice Cream-FE 6:30 Nightly News – DR	16 10:30 Sittercise – AR 11:00 Devotions w/AD – DR 2:00 Monthly Birthday Party for All June Birthdav's - DR 3:30 Bingo - AR 7:00 Game Shows	17 10:00 Shopping at Target or Publix - FE 2:00 Happy Hour – DR 3:00 Sing-A-Long w/Tom-DR 6:30 Poker Night – IA	18 9:00 Morning News – DR 10:30 Exercise – AR 2:00 Bingo – DR 3:30 Puzzles – IA 7:00 Billiards - IA
19 10:30 Coffee & Chat with Friends – IA 1:30 Baptist Service – AR 3:00 Activity Packets – IA 6:30 Word Search – IA	20 10:30 Monday Movin' & Groovin'–AR 11:00 Devotions w/Nate - AR 2:00 Music w/Dennis - DR 3:30 Arts & Crafts - AR 6:30 Nightly News – DR	21 10:30 Devotions w/David-AR 11:00 Fun Fitness w/Sandy-AR 2:00 Magic Show by Knox Zimmer - DR 3:30 Bunco - AR 7:00 Game Shows – DR	22 10:30 Catholic Service – AR 11:00 Sit Fit w/Dayna – AR 2:00 Rhythm Band w/Rise - AR 3:30 Mini Golf Card Game - AR 6:30 Nightly News – DR	23 10:30 Sittercise – AR 11:00 Devotions w/AD – DR 2:00 Music w/Fredda - DR 3:30 Bingo - AR 7:00 Game Shows	24 10:30 Picnic at Concord Park-FE 2:00 Happy Hour – DR 3:00 Sing-A-Long w/Tom-DR 6:30 Poker Night – IA	25 9:00 Morning News – DR 10:30 Exercise – AR 2:00 Bingo – DR 3:30 Puzzles – IA 7:00 Billiards - IA
26 10:30 Coffee & Chat with Friends – IA 1:30 Baptist Service – AR 3:00 Activity Packets – IA 6:30 Word Search – IA	27 10:30 Devotions w/Amanda-AR 11:00 Monday Movin' & Groovin'-AR 1:30 Bus Trip to the Knoxville Sunphere - FE 6:30 Night News – DR	28 10:30 Devotions w/David-AR 11:00 Fun Fitness w/Sandy-AR 2:00 Music w/Frank & Friends - DR 3:15 Popsicles & Cornhole - BP 7:00 Game Shows – DR	29 10:30 Catholic Service – AR 11:00 Sit Fit w/Dayna – AR 2:00 Summer Ticket Auction - AR 6:30 Nightly News – DR	30 10:30 Sittercise – AR 11:00 Devotions w/AD – DR 2:00 Crafts w/Caris - AR 3:30 Bingo - AR 7:00 Game Shows	Room Location Codes: AR = Activity Room DR = Dining Room FE = Front Entrance BP = Back Patio IA = Independent Activity	