

Welcome New Residents

Welcome to the Northshore Heights Family:

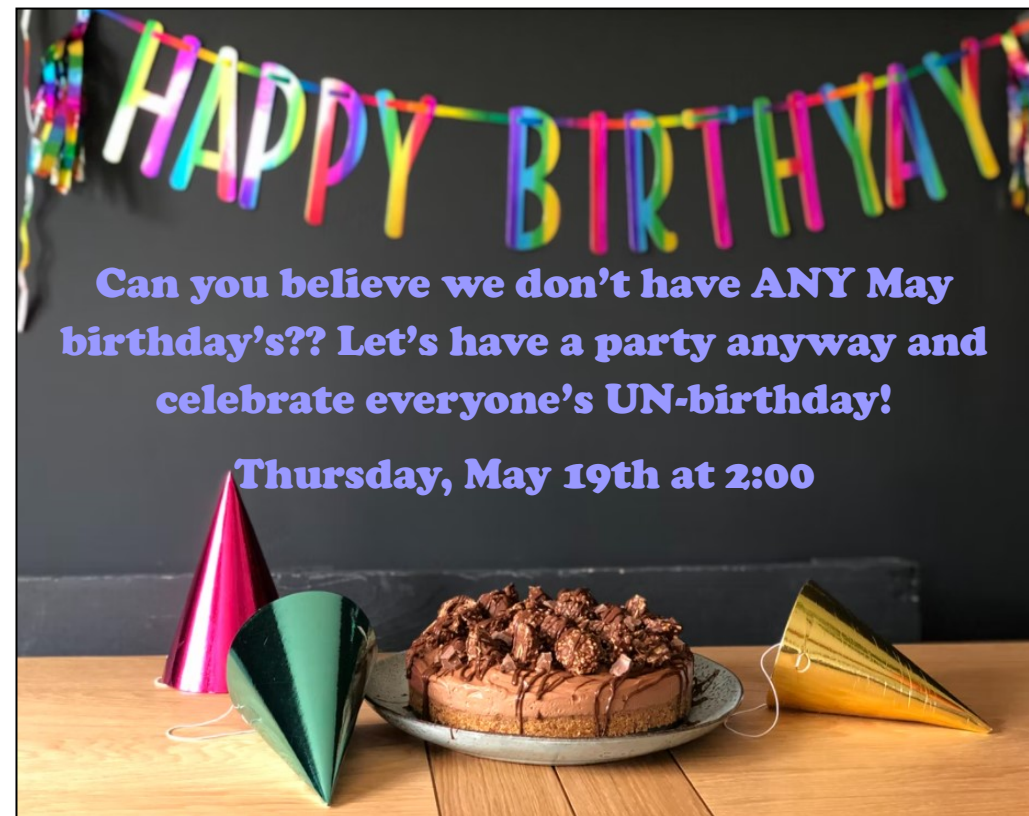
Joe & Bev Knipp
Ms. Billy Hopkins
Donna Mathes
Carl Stiner
Charles Robertson

When you see your new neighbors around the building, be sure to say Hello!

Resident Council

The Resident Council meeting is held each month, on the third Wednesday at 1:15p.m. in the Activity Room. This meeting is open to **all residents**. Resident councils play a crucial role in voicing concerns, requesting improvements, supporting new residents & supporting facility efforts to make care and life in the community the best it can be.

Our next meeting will be held Wednesday, *May 18th*



Can you believe we don't have ANY May birthday's?? Let's have a party anyway and celebrate everyone's UN-birthday!

Thursday, May 19th at 2:00

Cinco de Mayo
Word Search

V M A R A C A S O N C R O P B
S I O N F R I M A Y U B C U U
O B A V I C T O R Y L A R E R
M T R Y E B M A Y E T T O B A
B Y A O S V U E O T U L M L T
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O F R A I C S O H S A L S A G
B A T T L E B U R R I T O S S

	BATTLE BURRITOS CELEBRATION CINCO CULTURE DANCING	FIESTA FRANCE MAYO MARACAS MEXICO PARADE	PINATA PUEBLA SALSA SOMBRERO TACOS VICTORY	
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Northshore Heights News

May 2022

Your Leadership Team

Administrator
Carrie Catherwood

Business Office Manager
Jessica Slade

Director of Personal Care
Kipper Melmige

Assistant Director of Personal Care
Elaine Gardner

Maintenance Director
Travis Godfrey

Culinary Director
Adam Landrum

Recreation Director
Shelli Seamons

Director of Sales & Marketing
Kellie Cunningham



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Resident of the Month



We shine our spotlight this month on Marilyn! Before retiring, Marilyn ran her own business that contracted out nurses and care staff to communities just like ours! Marilyn loves to laugh and cut up with her friends here at Northshore. She has a huge heart and is always looking out for those around her. We love you, Marilyn!

Employee of the Month

Congratulation to Katie, aka "Shorty"! She is our May Employee of the Month! Katie is small but mighty and is a ball of energy. She loves the residents and is a crucial member of the dietary team. There isn't anything she wouldn't do for the residents or staff. We don't know what we'd do without you! Thank you for all that you do, Katie, we appreciate you!



Art Class



Each month, Phyllis with Life Enrichment leads the residents in an Art Class. In April, we made Easter signs for our doors. Our next class will be on Friday, May 13th. Come join us!

Spring Flowers



Spring is in the air! We made flowers out of pretzels, M&M's, and frosting. The best part of the garden was eating our flowers when we were done!

Parachute Fun

We had a BALL playing the parachute game in Memory Care. Thank you to Brandie with Mac's Pharmacy for such a fun afternoon. The laughter and the smiles on the residents faces are absolutely PRICELESS!



Chef Bobby



Our Bobby is a whiz in the kitchen! He demoed how to make homemade peanut butter and we got to enjoy the fruits of his labor with some Ritz crackers and Ants on a Log (celery, PB, & raisins). It was DELISH!

Be sure to check the Activities calendar to see when his next class will be. It is guaranteed to be another yummy treat!

The Northshore Heights Rhythm Band



The Northshore Heights Rhythm Band really rocked the house!

Thank you to Rise Tucker for such a fun and therapeutic activity. The residents are natural musicians! Rise will be here each month for Rhythm Band will bring many different instruments to create each section of the band. She will be back again on Wednesday, May 25th at 2:00. Don't miss out!

"Hoppy" Easter

