

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2021

Northshore Heights Senior Living Activities Calendar

1
 10:30 Catholic Service – AR
 11:00 Sit Fit w/Dana – AR
2:00 Christmas Decorating
 6:30 Nightly News - DR



2
 10:30 Hymn Sing-A-Long with Tom – AR
 11:00 Devotions w/AD – AR
2:00 Music w/Wendel
 3:15 Bingo – AR
 6:30 Game Shows - DR

3
 11:00 Lunch Around Town-FE
 2:00 Lucky Pennies – AR
 3:30 Happy Hour – DR
 6:30 Poker Night *Independent Activity* - AR



5
BIRTHDAY – KEN L.
 1:30pm Baptist Church – AR

6
 10:30 Sit & Stretch – AR
 11:00 Devotions w/Nate - AR
 1:45 Movie Matinee
 2:00 Shopping at Walmart-FE
 6:30 Nightly News - DR

7
 10:30 Devotions w/David
 11:00 Fun Fitness w/Sandy
2:00 Sing-A-Long w/Dennis
 3:15 Happy Hands – MC
 7:00 UT vs Texas Tech – DR



8
 10:30 Catholic Service – AR
 11:00 Sit Fit w/Dana – AR
2:00 Crafts w/UT Gardens
 3:15 Do You Hear What I Hear? – AR
 6:30 Nightly News - DR

9
 10:30 Hymn Sing-A-Long with Tom – AR
 11:00 Devotions w/AD – AR
 2:00 Ticket Roll – AR
 3:15 Bingo w/NHC – AR
 6:30 Game Shows - DR

10
 10:30 Jeopardy – AR
2:00 – 4:00 Ticket Auction
 6:30 Poker Night *Independent Activity* - AR



11
2:00 Santa Clause is Coming to Town – DR
 4:30 UT vs. Greensboro – DR



12
 1:00 Titans vs Jaguars - DR
 1:30pm Baptist Church – AR



13
 10:30 Sit & Stretch – AR
 11:00 Tai Chi w/Dale - AR
 1:45 Movie Matinee - AR
 2:00 Shopping at Food City or Dollar Tree - FE
 6:30 Nightly News - DR

14
BIRTHDAY – PATTY A.
 10:30 Devotions w/David
 11:00 Fun Fitness w/Sandy
2:00 Decorate Christmas Cookie - AR
 3:15 Happy Hands – MC
 7:00 UT vs. S. Carolina Upstate - DR



15
 10:30 Catholic Service – AR
 11:00 Sit Fit w/Dana – AR
1:15 Resident Council & Food Committee - AR
 2:30 Snowman Ornaments Craft – AR
6:00 Bus Trip to See Christmas Lights – FE

16
 10:30 Hymn Sing-A-Long with Tom – AR
 11:00 Devotions w/AD – AR
2:00 Monthly Birthday Party for All – AR
 3:15 Bingo – AR
 6:30 Game Shows - DR

17
 10:30 Nativity Story – AR
2:00 Music w/Fredda – DR
 3:30 Happy Hour – DR
 6:30 Poker Night *Independent Activity* - AR

18
 12:00 UT vs. Memphis – DR



19
 1:00 Titans vs Steelers - DR
 1:30pm Baptist Church – AR



20
 10:30 Sit & Stretch – AR
 11:00 Devotions w/Nate - AR
 1:45 Movie Matinee
 2:00 Shopping at Target or Publix – FE
 6:30 Nightly News - DR

21
 10:30 Devotions w/David
 11:00 Fun Fitness w/Sandy
2:00 Gingerbread Houses
 3:15 Happy Hands – MC
 6:30 Game Shows



Winter Begins

22
 10:30 Catholic Service – AR
 11:00 Sit Fit w/Dana – AR
2:00 Christmas Show by Danny – AR
 3:15 Christmas Bingo – AR
 7:00 UT vs. Arizona – DR



23
 10:30 Hymn Sing-A-Long with Tom – AR
 11:00 Devotions w/AD – AR
2:00 Christmas Party - AR
 8:20 Titans vs. 49ers



24
2:00 Christmas Carols with Julia - DR
 6:30 Poker Night *Independent Activity* - AR



Christmas

26
 1:30pm Baptist Church – AR

Kwanzaa Begins

27
 10:30 Devotions w/Amanda
 11:00 Tai Chi w/Dale - AR
 1:45 Movie Matinee
 2:00 Shopping at Kroger
 6:30 Nightly News - DR

28
 10:30 Devotions w/David
 11:00 Fun Fitness w/Sandy
2:00 Music w/Frank & Friends - DR
 3:15 Happy Hands – MC
 6:30 Game Shows

29
 10:30 Catholic Service – AR
 11:00 Sit Fit w/Dana – AR
 2:00 Chicken Foot Dominoes
 3:30 Mini Golf Card Game-AR
 7:00 UT vs. Alabama – DR



30
 10:30 Hymn Sing-A-Long with Tom – AR
 11:00 Devotions w/AD – AR
2:00 Music w/Kathy - DR
 3:15 Bingo – AR
 6:30 Game Shows - DR

31
 10:30 Balloon Volleyball – AR
2:00 New Years Eve Murder Mystery Party & Happy Hour - AR
 6:30 Poker Night *Independent Activity* - AR

New Year's Eve



HAPPY NEW YEAR